

Weather Forecast

HYDERABAD	VIJAYAWADA	TIRUPATHI
H 33° C L 25° C	H 35° C L 26° C	H 36° C L 26° C

Rammurthy's Final Journey Chandrababu Carries His Brother's Bier



TPN, Andhra Pradesh: AP Chief Minister Nara Chandrababu Naidu's brother, Nara Rammurthy Naidu, who passed away yesterday in a private hospital in Hyderabad due to a serious illness, was solemnly cremated today in his native village, Naravaripalle. CM Chandrababu, his son and Minister Nara Lokesh, along with Rammurthy Naidu's son Nara Rohit and other family members, participated in the last rites.

Several ministers and VIPs visited Naravaripalle to pay their respects to Rammurthy Naidu's mortal remains, which were brought from Hyderabad earlier in the day. His body was then taken on its final journey to the ancestral cremation site in Naravaripalle. Along with Chandrababu, Lokesh, Rohit, and many members of the Nara and Nandamuri families participated in the procession.

On this solemn occasion, Chief Minister Chandrababu Naidu symbolically fulfilled his duty to his younger brother by carrying his bier. Minister Nara Lokesh, Nara Rohit, and Chandragiri MLA Pulivarthi Nani also joined him in carrying the bier. Rammurthy Naidu had a significant political journey, having entered politics with the support of his elder brother Chandrababu Naidu, despite being a political adversary in their early days. Chandrababu had once ensured that Rammurthy Naidu secured a ticket and won as an MLA. Today, by carrying his brother's bier, Chandrababu paid a heartfelt tribute and fulfilled his final duty to his sibling.

"Learn Regional Languages, Strengthen India"

- Pawan Kalyan says he speaks Marathi with his children
- Praised NDA for infrastructure and recognizing Marathi as a classical language.
- Called for votes to make Maharashtra a ₹1 lakh crore economy under NDA.
- Hailed Modi's leadership for strengthening India and reducing terror attacks.



TPN, Ballarpur: Ballarpur witnessed a spirited campaign by Andhra Pradesh Deputy Chief Minister Pawan Kalyan on behalf of the National Democratic Alliance (NDA) candidates in the Maharashtra Assembly elections. Supporting NDA candidate Sudhir Mungantiwar, Pawan Kalyan attended a public meeting where he passionately spoke about the significance of regional languages and cultural heritage.

He also paid homage to Maratha leaders, including Chhatrapati Shivaji Maharaj and Hindu Hriday Samrat Balasaheb Thackeray, whom he credited for inspiring nationalism without disregarding regionalism. On Thackeray's death anniversary, Pawan Kalyan paid tribute to his enduring legacy.

The Deputy CM lauded the rich cultural diversity of Ballarpur, describing it as "mini-India," where people of all languages and regions coexist. He acknowledged the area's role in celebrating iconic festivals like Bathukamma and Sammakka Sarakka, which he linked to India's Sanatana Dharma values.

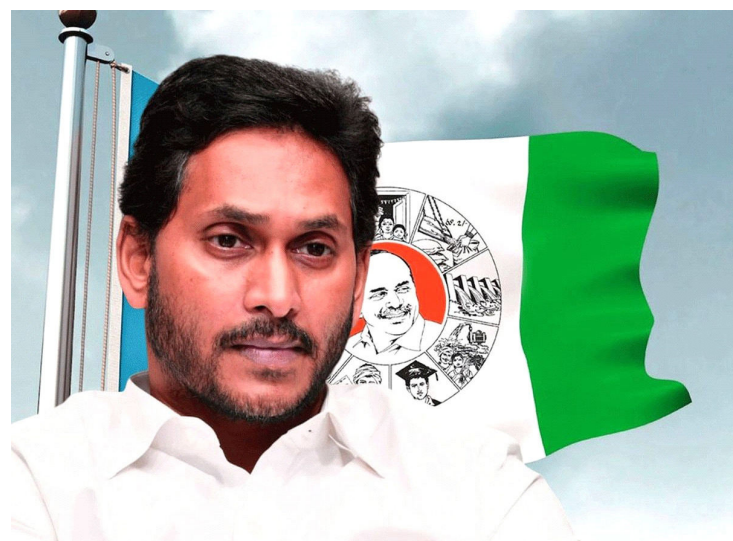
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He emphasized Maharashtra's pivotal role in India's economic growth. "If Maharashtra is to develop into a ₹1 lakh crore economy, the NDA candidates must win," he urged, praising Nitin Gadkari's contributions to infrastructure development and the NDA's efforts to recognize Marathi as a classical language in Parliament.

Highlighting the NDA government's achievements,

2 PAGE |

Can YSRCP MLAs Face Disqualification Over Assembly Boycott?



TPN, Amaravati: The YSR Congress Party (YSRCP), led by YS Jagan Mohan Reddy, has boycotted the Andhra Pradesh Assembly, citing the denial of Leader of the Opposition status as their primary grievance. This has sparked a political debate about the possible consequences of such a boycott, with Chief Minister Chandrababu Naidu remarking, "Law will do its work."

The boycott raises questions about whether YSRCP MLAs could face disqualification for non-attendance. According to Article 190(4) of the Indian Constitution, a legislator can be disqualified if they are absent from all sessions of the legislature for 60 days without proper permission. However, this provision includes several caveats.

The 60-day rule only applies to active session days, excluding periods when the house is prorogued or adjourned for more than four consecutive days. This complicates the situation, given the irregular frequency of Assembly sessions. Typically, state legislatures convene for an average of 100 days over a five-year term. In Andhra Pradesh, the Assembly has only functioned for 71 days since 2019, primarily due to disruptions caused by the COVID-19 pandemic. Given these circumstances, reaching the 60-day threshold for disqualification could take years.

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First Case On Former Minister Kodali Nani

TPN, Vizag: YSRCP leader and former minister Kodali Nani is in the spotlight for the wrong reasons, as a legal case has been filed against him in Visakhapatnam. Andhra University law student Satyala Anjana Priya lodged a complaint accusing Nani of using inappropriate and abusive language during press releases and assembly sessions over the five-year tenure of the YSRCP government.

According to the complaint, Kodali Nani's remarks targeted TDP leader and current Chief Minister Nara Chandrababu Naidu, as well as his son, Minister Nara Lokesh. Anjana Priya alleged that these comments were not only offensive but also damaging to their personal and family reputations. She further stated that, as a woman and a law student, she found the language deeply troubling and harmful to societal norms.

The complainant emphasized that Nani's alleged remarks contributed to body shaming and made baseless accusations, creating a toxic environment that could foster disrespect and incite negative behavior.

2 PAGE |

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Minister Kandula Durgesh Renders Immediate Aid to Accident Victims Near Nidadavole

TPN, Nidadavole: In a commendable act of humanity, Andhra Pradesh Minister for Tourism, Culture, and Cinematography, Kandula Durgesh, extended immediate assistance to victims of a car accident on the Munipalli-D.Muppavaram road near Nidadavole on Sunday. The mishap left multiple members of a family seriously injured.



Minister Durgesh personally transported injured children and a woman to the local Nidadavole hospital using his escort vehicle.

Minister Durgesh, who was returning from the Kartika Vana Bhojan program organized by the Janaseena Party in Kannur Aghara, happened to pass by the accident site. Upon witnessing the dire situation, he promptly halted his convoy and initiated relief efforts with the help of his personal staff.

The minister quickly coordinated emergency responses, calling for ambulances and ensuring first aid was administered to the injured on-site. Demonstrating his commitment to the victims' well-being,

Durgesh remained at the scene until ambulances arrived, providing reassurance to the victims and directing his team to stay vigilant. He later instructed doctors to provide

the best possible care to those affected and coordinated with local law enforcement to ensure proper follow-up. The minister's prompt response earned widespread appreciation from locals, underscoring his empathetic leadership during a critical moment.



International Solar Alliance Advocates for Mission LIFE to Achieve India's Climate Goals

TPN, Andhra Pradesh: The International Solar Alliance (ISA) has endorsed India's Mission LIFE (Lifestyle for Environment) program, emphasizing its potential to propel the nation towards ambitious climate targets. The initiative aims to inspire individual and community action to protect the environment, aligning with India's commitments to reducing carbon emissions by one billion tons by 2030 and achieving net-zero emissions by 2070.

Dr. Ajay Mathur, Director General of ISA and a former member of the Prime Minister's Council on Climate Change, highlighted the need for an energy efficiency-driven strategy and active stakeholder engagement at the state level. Dr. Mathur underscored that public participation is crucial to the program's success. As part of the efforts to scale energy efficiency initiatives, the Media Advisor for Southern States/UTs of the Bureau of Energy Efficiency (BEE), Ministry of Power, met with Dr. Mathur in New Delhi. During the meeting, Dr. Mathur praised the significant achievements of BEE and Energy Efficiency Services Limited (EESL) in 2022-23, which resulted in energy savings of 306 billion kWh of electricity, 24.68 million tons of oil equivalent (MTOE) in thermal energy, and substantial economic benefits.

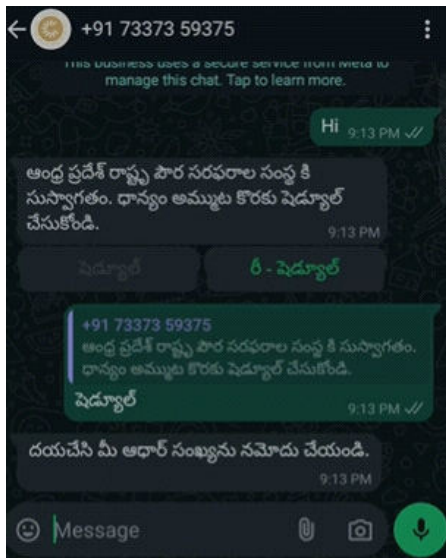
Under BEE's Perform, Achieve, and Trade (PAT) scheme, national energy savings of 8.67 MTOE and 31 million tons of CO2 reductions were achieved in Cycle I. These milestones were further amplified in Cycle II, with energy savings of 14.08 MTOE and a reduction of 68.43 million tons of CO2 emissions.

Andhra Pradesh: A Model for Energy Efficiency

States like Andhra Pradesh have been at the forefront of energy efficiency initiatives. BEE has set a target of 6.68 MTOE in energy savings for the state by 2030, contributing to India's roadmap of reducing projected carbon emissions by 887 million tons. Andhra Pradesh Chief Minister N. Chandrababu Naidu has taken proactive steps to integrate energy efficiency into the state's development agenda.

Good News for Farmers, AP Govt Launches WhatsApp Service to Sell Grain

TPN, Amaravati: In a farmer-friendly initiative, the Chandrababu-led coalition government in Andhra Pradesh has introduced a new WhatsApp-based service to streamline the sale of grain. The service aims to eliminate long waiting hours at procurement centers and simplify the process for grain farmers across the state.



State Civil Supplies Minister Nandla Manohar, speaking at a press conference in Amaravati on Sunday, announced that the government has made grain procurement easier by enabling services through WhatsApp. Farmers can now send a message to the dedicated number 73373-59375, which is supported by a special artificial intelligence-powered voice system, to initiate the grain selling process.

How It Works

To access the service, a farmer must first register with their Aadhaar number. Following verification, the farmer's name will be confirmed, and they will be prompted to select a preferred purchasing center. Farmers will then need to provide the required details. Once completed, a coupon code will be sent to them via a special message. This coupon code can be used to sell grain at their chosen center on the designated date and time.

Minister Manohar emphasized that this service will save farmers valuable time, as they will no longer need to spend hours waiting at grain purchasing centers. "Our government is committed to imple-

menting the Ease of Doing Business service in a manner that benefits our farmers directly," Manohar stated. He also assured farmers of the government's readiness to purchase their grain without delays.

A Step Towards Better Farmer Support

This initiative is part of the coalition government's focus on addressing the challenges faced by various sectors, including agriculture. In contrast to the conditions imposed by the previous government, which made selling grain difficult, this new system offers a simplified and efficient way for farmers to sell their produce and receive prompt payment.

With this WhatsApp-based service, the government hopes to provide much-needed relief to farmers, ensuring a hassle-free and timely grain-selling process.

First Case...

Continued from page 1

Anjana Priya asserted that public figures must maintain decorum in their language, especially in political discourse.

Responding swiftly, the Visakhapatnam police registered an FIR against Kodali Nani. Anjana Priya expressed her appreciation for the prompt action, stating that it sends a powerful message about upholding respect and discouraging abusive language in public forums.

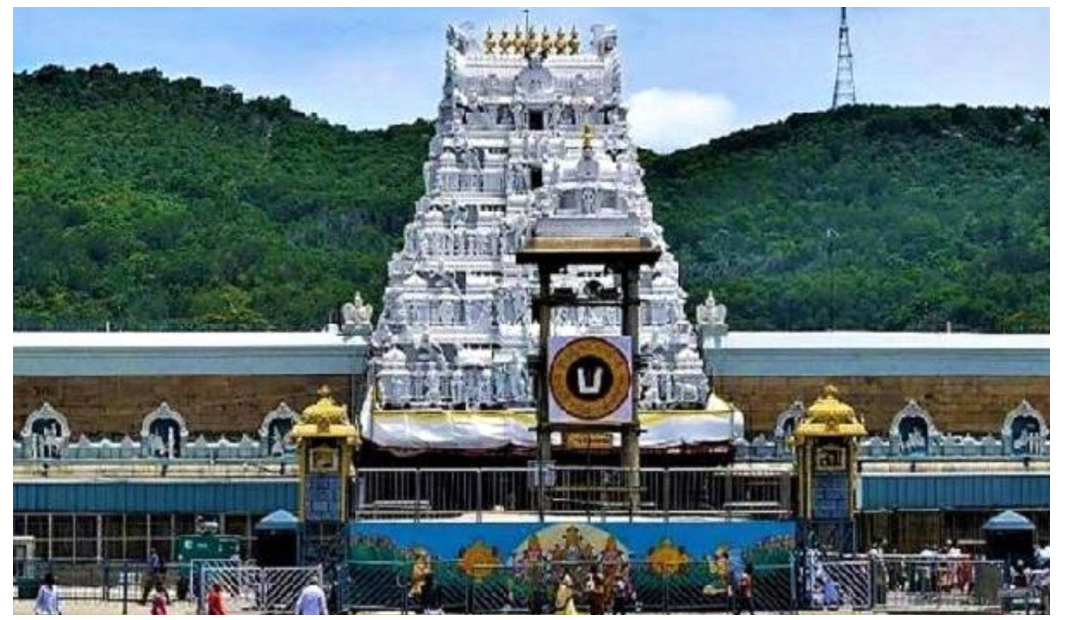
The case has drawn attention to the need for accountability among public officials, particularly concerning the use of language that can influence societal values and behavior. Further investigations are underway.

Can YSRCP...

Continued from page 1

Even if the YSRCP MLAs avoid attending the Assembly for extended periods, attending just one session would reset the clock. Additionally, extending Assembly sessions to expedite the process is a logistical challenge and a political gamble. Another layer of complexity arises with the potential by-elections if disqualifications were pursued. If the YSRCP loses these seats, it could further weaken their position. Even if they manage to retain all contested seats, they would still fall short of the numbers needed to reclaim the Opposition status, perpetuating the boycott narrative.

For now, while the legal framework allows for disqualification, the practical and political implications make it a challenging path. The YSRCP's boycott strategy appears poised to test not only legislative rules but also the political maneuvering of both the ruling TDP and the opposition.



Rumors of Pagan Propaganda in Tirumala: TTD Vigilance Steps In

TPN, Tirumala: The Tirumala Tirupati Devasthanams (TTD) vigilance department has launched an investigation following rumors of pagan religious propaganda at Papa Vinashanam in Tirumala. Reports allege that over 20 individuals recorded reels with songs promoting their beliefs in the area, sparking a strong response from the community.

the temple. Any promotional activity or religious campaigning near Tirumala is strictly forbidden to preserve the sanctity of the area.

In response, TTD officials have visited the alleged site and are gathering information from locals and relevant authorities. While there is speculation that the individuals involved might be local workers from nearby hotels in the Papavinasanam area, officials are committed to a thorough investigation. The TTD has warned that any violations of its regulations will result in strict actions.

Incidents of religious propagation have periodically emerged around Tirumala, prompting swift measures to protect the temple's sanctity. The vigilance department's current probe underscores the TTD's commitment to upholding its traditions and responding to any perceived breaches.

The claims suggest that these individuals engaged in religious activity with alleged cooperation from forest department officials a claim that the TTD is taking seriously as part of its inquiry. TTD officials are focusing on verifying whether the promotional reels were indeed created in the Tirumala vicinity or in a different location, amidst growing speculation and concerns.

The TTD has stringent regulations prohibiting religious propagation by non-Hindu groups in the sacred region surrounding

Weather Report for Andhra Pradesh, Light Rain and Thunder Expected



TPN, Andhra Pradesh: The weather forecast for Andhra Pradesh over the next three days suggests that light to moderate rain or thundershowers are likely at isolated places across the state. Thunder and lightning may also accompany these rains in certain areas.

lower troposphere over Andhra Pradesh and Yanam.

North Coastal Andhra Pradesh Forecast For today and tomorrow, light to moderate rainfall is expected in parts of North Coastal Andhra Pradesh. Residents should be cautious of potential thunderstorms and lightning during this period.

The weather pattern is being influenced by a surface trough that has extended from the Comorin area to the southwest Bay of Bengal at approximately 1.5 km above mean sea level, originating from the Sri Lankan coastal region bordering the Gulf of Mannar. Additionally, north-east and east winds are prevailing in the

Overall, rainfall activity is expected to be scattered and relatively moderate, suggesting no significant downpour. Keep an eye on weather updates and stay prepared for sudden changes in weather conditions.

"Learn Regional Languages, Strengthen India"

Continued from page 1

Pawan Kalyan expressed his strong support for Prime Minister Narendra Modi, acknowledging his leadership in reducing terrorist attacks and strengthening India's global position. "Ten years ago, I envisioned a strong leader as the Prime Minister. That leader was Narendra Modi, under whom India has become a resilient nation," he declared.

progress, emphasizing that his efforts in Andhra Pradesh proved that even formidable political forces could be defeated. "I brought change in Andhra Pradesh and showed that the YCP can be defeated. Now, it's your turn to secure Maharashtra's development by electing the NDA," he said.

The actor-politician encouraged the electorate to support the NDA for continued

Pawan Kalyan concluded his address with a call to action, underscoring the importance of cultural preservation and economic growth under the NDA government.

8 Sarpanchs Joined on TDP in West Godavari District



TPN, Palakollu: The wave of leaders and activists departing from the YSR Congress Party (YCP) to join the Telugu Desam Party (TDP) continues to grow. In a significant development, eight YCP sarpanchs from Palakollu mandal in West Godavari district have switched allegiance to the TDP, in the presence of Minister Nimma Rama Naidu.

The exodus reflects growing dissatisfaction among local leaders, who claim they have been disrespected and marginalized under the leadership of Chief Minister Y.S. Jagan Mohan Reddy. The departing sarpanchs stated that despite their efforts to advance village development, their contributions were overlooked and their conditions worsened.

"Sarpanchs who prioritized village development have been left in severe financial distress. Many incurred substantial debts to fulfill promises made to their constituents and

complete development works," said one of the sarpanchs. "Due to lack of government funding for these projects, some were even driven to the tragic extreme of suicide."

The discontentment has simmered for years, with multiple protests staged by YCP sarpanchs to demand outstanding payments and funding for panchayats. However, their efforts yielded no results, deepening frustrations. As a result, they chose to leave the YCP, citing a lack of response and respect from the party's leadership.

This shift signals mounting pressure on Jagan's administration, with YCP vacancies increasing in several constituencies as more key leaders and activists defect to the TDP. TDP leaders see this as a reflection of their rising support among local representatives committed to community development and better governance.

CM Chandrababu Neglecting Rayalaseema Development - Ananta Venkatarami Reddy

TPN, Anantapuram: Ananta Venkatarami Reddy, President of the Anantapuram District YSR Congress Party, has accused Chief Minister Chandrababu Naidu of failing to fulfill promises for Rayalaseema's development despite his repeated stints in power. Reddy expressed deep discontent, stating that Naidu, who claims to be a resident of Rayalaseema, has historically done little to uplift the region.



Reddy highlighted that Naidu's influence extended beyond political roadblocks. "During the YSR Congress Party's tenure, Chandrababu actively created hurdles that prevented Rayalaseema from being recognized as the legal capital," Reddy stated. He further decried recent developments regarding the relocation of the High Court and Lokayukta courts, calling it "a major betrayal" of the region's interests.

The issue of irrigation and water resource management was another area of contention. Reddy claimed that irrigation projects in Rayalaseema have been intentionally neglected and their capacities reduced. He also pointed out that the Handriniva project expansion has yet to receive full funding, undermining crucial water supply initiatives.

Reddy didn't stop at Naidu but also

turned his attention to the BJP. He alleged that while the party had once decided to establish a High Court in Kurnool, it is now "keeping silent" despite being in alliance, leaving Rayalaseema's aspirations unmet. "This silence is a betrayal of Rayalaseema's needs and rights," he declared.

The relocation of the cancer hospital to Tirupati further drew Reddy's ire. "When the central government allocated a cancer hospital to the coast, Chandrababu shifted it away from Rayalaseema to Tirupati," he alleged, highlighting the systemic neglect and perceived injustices faced by the region over the years.

Reddy called for immediate attention and a committed approach to right these wrongs, ensuring justice for Rayalaseema's long-standing demands.

Chandrababu Changes His Stand on Debts

Finance Ministers Lack Understanding of Calculations - Buggana

TPN, Andhra Pradesh: Former Finance Minister Buggana Rajendranath criticized Chief Minister Chandrababu Naidu for altering his statements regarding the debts incurred during the YSRCP government in Andhra Pradesh. He pointed out that while Chandrababu earlier claimed the state's debt was ₹14 lakh crores, he is now alleging it to be ₹9.56 lakh crores. Buggana questioned why Chandrababu was now emphasizing the issue of debts in corporations.



Direct Benefit Transfer (DBT) system was being misrepresented as a scam by the opposition.

Regarding electricity "true-up" charges, Buggana stated that the opposition was spreading misinformation. He highlighted that during the TDP regime, ₹20,000 crores in true-up charges were levied over five years, compared to only ₹2,300 crores during the YSRCP's tenure in the same period. He further criticized the NDA government for imposing ₹6,770 crores in true-up charges within just five months.

Buggana accused Chandrababu of taking loans at high interest rates in the open market during his tenure and refuted claims that the YSRCP government had done the same. He also challenged whether former Finance Minister Yanamala Ramakrishna and

current Finance Minister Payyavula Keshav truly understood financial calculations. He alleged that distributing funds for welfare schemes through the

Buggana dismissed the opposition's criticism as baseless and urged them to present accurate facts regarding the state's financial management.

YCP Mismanagement Has Destroyed the Kadapa Corporation - Madhavi Reddy

TPN, Kadapa: Telugu Desam Party (TDP) MLA and AP Legislative Assembly Whip, Madhavi Reddy, launched a scathing attack on the YSR Congress Party (YSRCP), alleging that the ruling party has crippled the Kadapa Municipal Corporation. Speaking at a media conference on Sunday, Reddy criticized the YSRCP for inefficiency and a lack of accountability in the Secretariat, which, she claimed, has resulted in stunted development for Kadapa district.



plemented progressively. Reddy further highlighted the state's debt, accusing the YSRCP government of incurring a burden of ₹10 lakh crore and reaffirming the TDP's commitment to addressing opposition criticism.

A recent council meeting at the Kadapa Municipal Corporation turned tense when MLA Madhavi Reddy, accompanied by TDP supporters, expressed frustration over the seating arrangements. Reddy objected to being relegated to sit among the corporators rather than beside the Mayor, which led to a heated exchange. Heavy police security was deployed to prevent clashes amid tensions between Reddy and YCP-aligned Mayor Suresh Babu.

The dispute underscores the growing friction between the TDP and YSRCP factions in Kadapa, with both parties vying for influence amid claims of neglect and political marginalization.

Highlighting the failure of past promises, Reddy pointed out that while a foundation stone was laid for the construction of a steel factory in Kadapa, no further progress was made. "The initiative remained limited to a symbolic stone-laying ceremony, with no tangible development afterward," she said. Reddy also called out the neglect in providing Teadco houses to eligible

beneficiaries, underscoring what she views as a lack of commitment to the people's welfare.

TDP Politburo Member Srinivasa Reddy echoed her concerns and criticized Jagan Mohan Reddy for stifling TDP leaders' participation in the Legislative Assembly. He assured the public that key issues would continue to be discussed in the Assembly and affirmed that the TDP's "Super Six" schemes would be im-

CPI Ramakrishna Slams Central Government and Demands Action on Key Issues

TPN, Andhra Pradesh: CPI State Secretary Ramakrishna has sharply criticized the Central Government, accusing it of extreme injustice toward Andhra Pradesh, particularly with regard to major irrigation projects. In a fiery statement, Ramakrishna claimed that the Polavaram project's benefits are at risk due to the Center's alleged attempts to lower its height, potentially saving ₹25,000 crores at the expense of Andhra Pradesh's interests.



were being undermined in violation of the Partition Act. He called for an all-party meeting to ensure a transparent discussion on these issues and demanded the release of a comprehensive white paper on water allocations and project statuses. "We hope that Chief Minister Chandrababu Naidu will take a decision that benefits the poor and safeguards AP's interests," Ramakrishna stated.

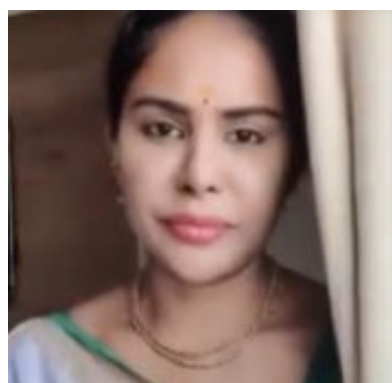
"The Center's efforts to reduce the height of the Polavaram project and diminish the capacity of the Eduma Canal reflect their disregard for AP's water needs," Ramakrishna said. He also pointed out that while Chief Minister Nara Chandrababu Naidu has been vocal about river linking, there has been no clear stance from him on the central government's actions.

Ramakrishna further criticized the handling of water allocations, pointing out that the Krishna Tribunal's first allocations

The CPI leader also outlined a series of demands and actions. On November 18, petitions will be submitted to CM Chandrababu Naidu, urging him to allot 2-cent house plots in cities and 3-cent plots in villages. Ramakrishna expressed disappointment over proposed electricity tariff hikes, highlighting previous election promises not to burden the public. Protests to reduce electricity charges are planned from November 19 during the ongoing assembly meetings. Additionally, Ramakrishna criticized the Civil Supplies Minister for failing to control essential prices and warned of upcoming price movement campaigns starting in December.

Another Case Registered Against Sri Reddy Over Obscene Comments

TPN, Guntur: A new case has been registered against actress Sri Reddy, following a complaint filed by former corporator Dasari Jyoti. The complaint alleges that Sri Reddy made obscene comments against TDP leaders Chandrababu Naidu, Pawan Kalyan, and their families. In her complaint, Dasari Jyoti requested that action be taken against the actress for her remarks, which have sparked controversy.



The Guntur police have taken up the matter, with investigations underway. This marks the latest in a series of cases being filed against Sri Reddy for making objectionable com-

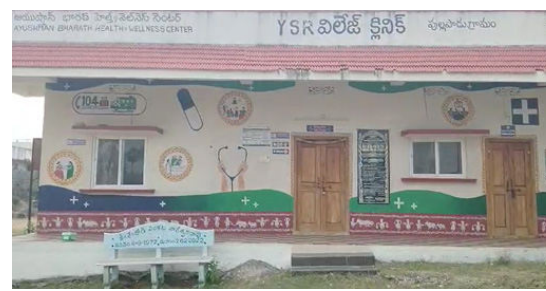
ments about political figures, particularly those aligned with the TDP and the opposition YCP. Previously, a case was filed against Sri Reddy in East Godavari district after she made inappropriate remarks about YCP leaders, including Home

Minister Vangalapati's comments on Anita. TDP Women's General Secretary Majji Padma had filed the complaint, calling for action against Sri Reddy for her offensive statements, which she claims have gone unchecked under the YCP government.

Padma has now demanded the immediate arrest of Sri Reddy, criticizing the YCP government's inaction on previous complaints. She called for strict enforcement of the law, highlighting the need for accountability and deterrence against such behavior. The police are continuing their investigations into the matter.

Continuity of Old Names for Rythu Seva Kendras and Health Clinics in Pedana Constituency

TPN, Pedana: Despite a change in government, several government offices and services in Guduru, Pedana, and Bantumilli mandals of Pedana constituency are still operating under their previous names, with no significant changes made to their branding or operations.



After the alliance government took charge, Rythu Bharosa Kendras were rebranded as Rythu Seva Kendras. However, in these areas, the names have remained unchanged, and the centers still carry the old branding and colors, as they

did under the previous government. These centers continue to serve farmers and provide essential agricultural services but have not undergone any visible updates or renaming.

Similarly, the village health clinics, which were established under the YSR regime, continue to operate under the same

name. Despite the government's new initiatives and changes, these health clinics retain the YSR branding, and there has been no significant alteration in the signs or operations.

In addition, the Panchayat staff seem to be continuing operations without paying attention to the directives from higher authorities regarding changes in names and branding. This continuation of old names and practices has raised questions about the extent of change and reform within the local government infrastructure following the shift in power.



Why Gut Health is the Next Big Concern for Indian Youth

Why Ignoring It Isn't an Option

-India's Youth and Their Diet: A Recipe for Gut Trouble?

Let's face it: our relationship with food has drastically changed. Traditionally, Indian diets were nutrient-rich, featuring fresh vegetables, pulses, and spices that acted as natural medicines. However, modern diets are a stark contrast, with youngsters opting for fast food, deep-fried snacks, and instant meals. Convenience and taste now outweigh nutrition. Coupled with an increasing reliance on processed foods filled with sugar, unhealthy fats, and preservatives, this dietary shift poses a significant threat to gut health.



Fouzia Tarannum
Mentor and Guide for Teens and Young Adults

The gut, often referred to as the "second brain," impacts not just digestion but immune health and mental well-being. Sadly, our current eating habits—laden with refined carbs, fried foods, and sugary beverages—are causing immense harm. The consequences? Gut-related cancers, chronic digestive diseases, and weakened immunity could become a grim reality for many.

Processed Foods: Our Unhealthy Obsession

Processed foods are the primary culprit behind declining gut health. Chips, biscuits, sugary drinks, and frozen meals are now staples for India's urban youth. While these foods are convenient, they're nutrient-deficient and harmful. High levels of artificial additives, trans fats, and sugar disrupt the balance of gut bacteria, leading to a condition called dysbiosis. Dysbiosis triggers inflammation, which is linked to diseases like irritable bowel syndrome, obesity, and even cancer.

Research reveals that diets low in fiber and high in processed foods double the risk of colorectal cancer, a disease on the rise among young adults globally. In the US, rates of colorectal cancer in individuals under 50 have risen by 51% since 1994. India may face a similar crisis unless urgent dietary changes are made.

Falling Nutrient Quality in Vegetables and Fruits: What We're Missing

Even fruits and vegetables, once pillars of a healthy diet, are now less nutrient-dense. Industrial farming and chemical fertilizers have reduced soil quality, leading to produce with fewer essential vitamins and minerals like magnesium, zinc, and potassium. These nutrients are vital for a healthy gut lining and beneficial gut bacteria.

This nutrient decline has severe consequences. Without these essential components, the gut struggles to perform key functions. While countries like Japan and some in the European Union have implemented strict agricultural policies to promote organic farming, India still lags. The result? Indian youth face the fallout of nutrient-deficient produce, compromising both gut and overall health.

The Side Effects: Gut Cancers and Chronic Digestive Disorders

Poor diet and its impact on gut health create the perfect environment for diseases like gut-related cancers. Processed meats, refined sugars, and low-fiber foods cause inflammation and mutations in gut cells, while a weakened immune system exacerbates the risk of cancer.

The problems don't stop at cancer. Chronic digestive disorders like Crohn's disease, ulcerative colitis, and irritable bowel syndrome are becoming more common, even among younger people. These conditions are life-altering, requiring lifelong

treatment and drastically reducing quality of life—especially alarming for those in their 20s and 30s.

The Rise of Gut Health Products: Are They the Solution?

The growing awareness of gut health has led to a surge in products like probiotics, fiber supplements, and digestive enzymes. While these products may provide temporary relief, they are not substitutes for a balanced diet. A diet packed with harmful processed foods cannot be fixed by supplements alone. These products offer superficial solutions, akin to placing a band-aid on a much deeper wound.

A Call to Action for Indian Youth: It's Time to Change Our Diet

The solution lies in prioritizing gut health by revisiting traditional eating patterns. Whole grains, fresh produce, nuts, and fermented foods like yogurt can naturally restore and maintain gut health. Here are actionable steps:

- **Limit Processed Foods:** Reduce chips, sugary drinks, and instant noodles. Opt for fresh, whole foods instead.
- **Choose Organic When Possible:** Organic produce is nutrient-rich and free of harmful pesticides.
- **Incorporate More Fiber:** Add whole grains, legumes, fruits, and vegetables to your meals daily.
- **Stay Hydrated:** Adequate water intake aids fiber digestion and supports healthy bacteria growth.

Gut health isn't a passing trend; it's essential for long-term well-being. Indian youth must act now to avoid irreversible damage. Our food choices today determine whether we build a resilient, disease-free body for the future.

Kartika Vana Samaradhana Mahotsav in Tadepalli Raju Gari Thota



- Vijayawada Chiranjeevi Youth President Katika Rakesh Nath showcased outstanding Organising skills at the event.
- MLA Bonda Umamaheswara Rao, MLA Gadde Rammohan Rao, and Janasena Leader Samineni Udayabhanu graced the occasion.
- Key figures like Ammishetti Vasu, Lakadam Shyam Prasad, and Ravi Saujanya joined the celebration.
- The event united activists, Women, and youth under one vibrant platform.

TPN, Vijayawada: The Kartika Vana Samaradhana Mahotsav, organized with grandeur at Kothuru Tadepalli Raju Gari Garden, turned out to be a memorable event. The program, led by the dynamic Vijayawada Chiranjeevi Youth President, Shri Katika Rakesh Nath, showcased unity and enthusiasm among party members and supporters.

The event saw prominent leaders in attendance, including Central Constituency Legislator Shri Bonda Umamaheswara Rao, Vijayawada East Constituency Legislator Shri Gadde Rammohan Rao, and NTR District Janasena Party President Shri Samineni Udayabhanu. Janasena Party State Secretary and Vijayawada East Constituency and Parliamentary Co-ordinator Shri Ammishetti Vasu also graced the occasion, adding to the significance of the event.

All India Chiranjeevi Youth Vice Pres-

idents Shri Lakadam Shyam Prasad, Shri Sodishetty Krishna Prasad, and Shri Illuri Suguna Babu were present alongside other influential leaders such as Mr. Padam Murthy Naidu, Head of Nifty Master, and Janasena leaders Shri Ravi Saujanya and Shri Nerusu Krishna Anjaneyulu.

The program was further energized by the presence of the All India Chiranjeevi Youth Committee members, presidents of various Vijayawada divisions, city committee members, activists, and heroic women.

Under the inspiring leadership of Vijayawada Chiranjeevi Youth President Shri Katika Rakesh Nath, along with dedicated coordinators Madhu Masta and Shekhar, the event was executed flawlessly. Shri Katika Rakesh Nath, known for his unwavering commitment and leadership, ensured that the Mahotsav was not just a celebration but a demonstration of the unity and determination of the Chiranjeevi Youth. His organizational skills and ability to bring together leaders and activists alike have been widely praised, further solidifying his position as a respected leader within the party.

The event underscored the spirit of collaboration and devotion among the attendees, leaving a lasting impression on all who participated. The Mahotsav not only celebrated the traditions of Kartika Vana Samaradhana but also highlighted the strong leadership within the Chiranjeevi Youth and their dedication to community engagement.

'Antharanga Veekshanam' book unveiled

TPN, Vijayawada: As part of the 57th National Library Week celebrations, the Telugu book 'Antharanga Veekshanam', a collection of interviews with renowned literary figures by Kommavarapu Wilson Rao, was launched at Tagore Library on Sunday at a grandeur. The event was organized by "Malletheega Sahitya Seva Samstha and presided over by Satyaji, working editor of 'Sahitya Prasthanam'.

Senior journalist Annavarapu Brahmaiah, who launched the book, praised Wilson Rao for his dedication in interviewing 34 Literary scholars including poets, writers including authors and compiling their stories. He acknowledged the challenges of conducting such interviews, especially with literary figures, and highlighted the book's value to society.

Presiding over the meeting, Satyaji asserted the importance of this book in offering insights into the lives and struggles of great literary personalities for the younger generation. Dr Sunkara Gopal, who reviewed the book, noted that Wilson Rao has documented the careers and inspirations of multiple generations of writers, making this work a valuable reference for literary scholars and



general readers alike.

Noted Poet, Bandla Madhava Rao commended the book as evidence of Wilson Rao's unique perspective on society through the lens of literature. Author Wilson Rao expressed gratitude to all contributors, sharing the challenges he faced in translating the lives and literary journeys of 34 writers into a cohesive work.

Librarian K. Ramadevi, Malletheega editor Kalimisri, and Joint Secretary of Malletheega Sahitya Seva Samstha Choppa Raghavendrasekhar, who supervised the event, also addressed the gathering.

Vijayawada Municipal Corporation Launches Public Grievance Redressal Forum

TPN, Vijayawada: In an effort to address citizens' concerns, Vijayawada Municipal Corporation (VMC) Commissioner Dhyanendra announced on Sunday the launch of a Public Grievance Redressal Forum. This initiative allows the public to submit complaints and grievances related to municipal services.



Starting every Monday, the Public Grievance Redressal Forum will be held at the VMC Head Office and its three Zonal Offices from 10:00 AM to 1:00 PM. Commissioner Dhyanendra encouraged citizens to use this platform to raise their concerns and assured that efforts will be made to resolve them efficiently.

The initiative is designed to improve transparency, responsiveness, and the overall service delivery by the corporation. By establishing this forum, VMC aims to strengthen its communication with the public and ensure that their grievances are addressed promptly.

For further assistance, residents can also contact the Civil Relations Officer at the Vijayawada Municipal Corporation.

Spiritual Scholar Garikapati Narasimha Rao Visits Kanakadurga Temple



TPN, Vijayawada: The revered spiritual guru and Padma Shri awardee, Brahmshri Garikapati Narasimha Rao, paid a visit to the iconic Sri Durgammalleswara Swamivarla Devasthanam, popularly known as the Kanakadurgamma Temple, today. His arrival was marked by a warm welcome from the temple's Executive Officer, KS Rama Rao, who received him with traditional rituals.

Garikapati Narasimha Rao was accorded a special darshan of Sri Ammavaru and Swamivaru at the temple. As part of the proceedings, Vedic scholars chanted sacred Vedic hymns, creating a serene and divine ambiance for the occasion.

The Executive Officer, KS Rama Rao, presented Garikapati Narasimha Rao with the sa-

cred offerings of the goddess, including prasadam and a portrait of the deity. These tokens symbolized the temple's blessings and reverence for his spiritual contributions to society.

This visit further underscored the importance of preserving and celebrating the rich spiritual heritage of the region. Devotees expressed their joy and pride in witnessing such a distinguished spiritual personality seek blessings from Kanakadurgamma, a revered goddess in the region.

The temple authorities thanked Garikapati Narasimha Rao for his visit and expressed hope that his blessings and spiritual wisdom would continue to inspire devotees and the temple's endeavors in the future.



Hyderabad to Visakhapatnam in 4 Hours at 220 km/h

TPN, Andhra Pradesh: The central government is planning to build a semi-high-speed rail corridor connecting Visakhapatnam to Shamshabad International Airport. The Railway Board is set to receive the preliminary engineering traffic survey report this month, which will provide clarity on the project's estimated cost. Following the Railway Board's approval of this report, a detailed project report (DPR) will be prepared through an in-depth survey. The initial estimated cost of the Visakhapatnam-Vijayawada-Shamshabad and Visakhapatnam-Vijayawada-Kurnool projects is projected to exceed ₹21,000 crores.

The number of stations along this corridor has been deliberately kept low to minimize travel time. The Visakhapatnam-Shamshabad route will feature six stations in Andhra Pradesh and six in Telangana. Additionally, the Kurnool-Visakhapatnam Semi High-Speed Corridor will connect at Suryapet. This route will have eight stations, with seven located in Telangana and Kurnool being the only station in Andhra Pradesh.

The longest distance between two stations will be 88 km, between Tuni and Rajahmundry, while the shortest will be 28 km, between Suryapet and Nakirekal.



The semi-high-speed corridor will bypass Vijayawada National Highway from Shamshabad, passing through Gattuppal in the Munugodu constituency. The distance between Chautuppal and Gattuppal is 24 km, slightly away from the national highway. Due to Telangana being a smaller state, land acquisition presents a challenge. With high land prices along the national highway, the estimated project cost is expected to rise significantly.

To mitigate costs, the corridor is planned

to pass through Gattuppal to Chityal West, Nakirekal, and Suryapet. The Kurnool corridor will join at Suryapet. Once the survey is completed, a notification for land acquisition will be issued, and construction work will commence.

Traveling from Visakhapatnam to Shamshabad at a speed of 220 km/h is expected to reduce travel time to just four to four-and-a-half hours, significantly enhancing connectivity and boosting economic prospects in the region.

Railway Official Caught Taking Bribe

TPN, Vizag: Walther Division DRM Saurabh Prasad was caught red-handed by CBI officials while accepting a ₹25 lakh bribe from a contractor. The incident occurred at his residence in Mumbai, where he had instructed the contractor to deliver the bribe money while on vacation.

Saurabh Prasad, who is serving as the DRM of the Walther Railway Division in Visakhapatnam district, was apprehended by the CBI in a well-planned operation. The contractor traveled to Mumbai to deliver the bribe, only to have CBI officials catch Prasad in the act.

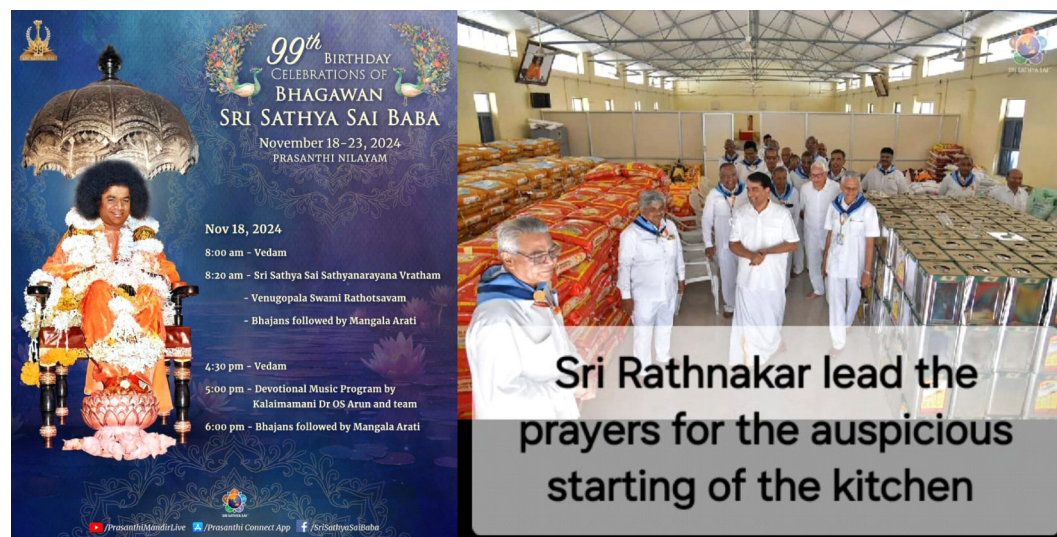
Following the incident, CBI teams from Delhi and Visakhapatnam conducted extensive searches at the DRM bungalow in Visakhapatnam from Saturday afternoon until late evening. During these raids, several important documents were reportedly seized.

Saurabh Prasad is currently under interrogation by the CBI as investigations into the case continue. The incident has brought significant attention to corruption within the railway division.

Case Registered Against Guntur Mayor and YCP Leader Manohar Naidu

TPN, Guntur: A case has been registered against YCP leader and Guntur Mayor Manohar Naidu following a complaint by Telugu Desam Party (TDP) leader Kanaparthi Srinivasa Rao. The complaint was lodged with the Arundal Peta Police in Guntur, citing inappropriate remarks made by Manohar Naidu against Chief Minister Chandrababu Naidu and Deputy Chief Minister Pawan Kalyan. Acting on the complaint, the police have registered a case. The controversy dates back to the time of Chandrababu Naidu's arrest when TDP and Jana Sena party workers organized a protest program in the Arundal Peta area of Guntur. During the protest, Manohar Naidu reportedly arrived at the scene and escalated tensions. It is alleged that he seized a police baton and misbehaved with opposition leaders. He also made derogatory remarks against Chandrababu Naidu and Pawan Kalyan.

Although TDP and Jana Sena members initially lodged complaints against Manohar Naidu, no action was taken at the time. However, following a formal complaint from Kanaparthi Srinivasa Rao, the police have now registered a case against Manohar Naidu and several other YCP leaders involved in the incident.



99th Birthday Food Court Opens to Serve Divine Prasadam at Puttaparthi

TPN, Sri Sathya Sai District: Puttaparthi is abuzz with anticipation as preparations for the 99th birthday celebrations of Sri Sathya Sai Baba are in full swing. In a grand gesture of service and devotion, the 99th Birthday Food Court, an ultra-modern dining facility, has been inaugurated to cater to the needs of thousands of devotees.

The ceremonial lighting of the kitchen was performed by Sri Rathnakar, Managing Trustee of the Sri Sathya Sai Central Trust, alongside 30 chief cooks from the Godavari Districts of Andhra Pradesh and

nearly 100 volunteers. This marked the official commencement of kitchen operations, which aim to serve lunch and dinner starting November 18.

The food court, located in a specially constructed marquee behind the North buildings, is a marvel of thoughtful planning and design. Built to military standards, the marquee is equipped with ample lighting, cross ventilation, and waterproofing to ensure comfort for all. It has the capacity to serve 5,000 devotees at a time, significantly minimizing waiting periods and enhancing the experience for all attendees.

CA Saran Kumar Uppalapati Inspires Through Corporate Training and Celebrations

TPN, Andhra Pradesh: CA Saran Kumar Uppalapati recently conducted a two-day corporate training session on Advanced Microsoft Excel for the dynamic team at Amara Raja Infra, a prominent arm of the prestigious Amara Raja Group. The training aimed to enhance data efficiency, productivity, and decision-making processes by diving deep into Excel's advanced features, tools, and best practices.

Expressing gratitude for the opportunity, CA Saran highlighted the participants' enthusiasm and eagerness to learn, which contributed to the session's success. "It's always a pleasure to engage with professionals who value continuous learning and innovation," he shared, while also thanking the Amara Raja Infra team for

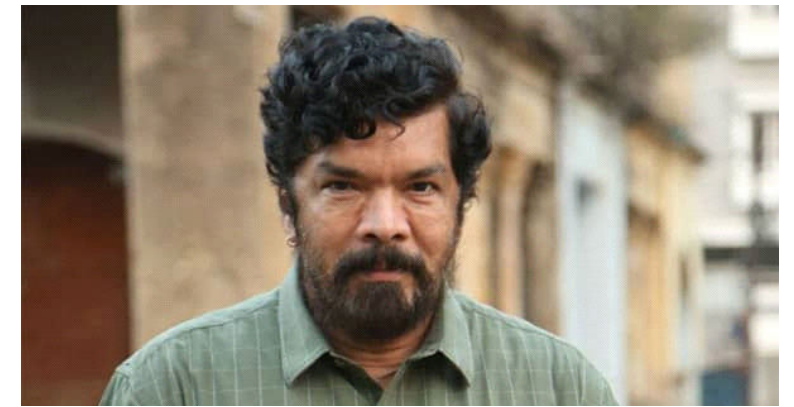
their warm hospitality.

In addition to the corporate training, Saran Kumar also graced the closing ceremony of CA Trance, a student fest for aspiring chartered accountants, where he participated as the Co-Chairman. The event concluded with birthday celebrations for hardworking CA students, recognizing their dedication and efforts in their professional journey.

The day ended on a joyful note as he spent quality time with his family, enjoying the much-anticipated movie "Amaran." Reflecting on the day, Saran Kumar described it as a perfect balance of professional accomplishments, personal celebrations, and family togetherness.



Posani's Provocations: Seeking Pawan Kalyan's Reaction?



TPN, Avinash: Posani Krishna Murali, a prominent supporter of the YSR Congress Party, has been making headlines for his controversial remarks, even as legal actions intensify against individuals accused of abusive behavior on social media. While several social media activists associated with the YSRCP are facing legal consequences, with some already in jail, Posani's outspoken demeanor has raised eyebrows.

Despite multiple cases being filed against him in various parts of Andhra Pradesh, Posani continues to court controversy. Recently, he appeared in a political satire segment on Sakshi TV and gave an inflammatory interview on another news channel, where his comments took a vulgar turn.

During the interview, Posani was asked if he would consider joining Jana Sena if invited by Chiranjeevi. His response was both dismissive and crude:

"If I join Jana Sena, I must not have been born to my mother and father. Have tea and leave, brother. If he offers me a ministerial post, I am not born to a mother and father. I don't do such menial work."

The question itself seemed misplaced, as Posani has no political affiliation with Jana Sena. His response, however, was seen as an unnecessary attack on the party and its leadership. Critics argue that Posani's remarks add no value to political discourse and reflect poorly on his public image.

While his loyalty to YSRCP is well known, Posani's statements highlight a pattern of behavior that many find distasteful. Some suggest that his outbursts are aimed at provoking reactions from Jana Sena leader Pawan Kalyan or Telugu Desam Party chief Chandrababu Naidu.

Observers note that Posani could have responded respectfully, acknowledging Chiranjeevi's stature and the political significance of Jana Sena. Instead, his coarse remarks have sparked fresh criticism, with many questioning the appropriateness of his conduct in public forums.

Posani's penchant for controversial remarks may earn him attention, but it has also led to mounting legal troubles and public disapproval. Whether he changes his approach or continues to fan the flames of controversy remains to be seen.

The case is currently under investigation, and further action will depend on the findings of the authorities.



Kapu Vanasamaradhana to Be Held on November 24 in Machilipatnam

TPN, Machilipatnam: The Kapu community is gearing up for a grand Kapu Vanasamaradhana event on November 24 at Kondapalli Estates, Machilipatnam. Under the leadership of Kapu Yuvasena, extensive arrangements are being made to ensure the event's success, emphasizing unity among the Kapu community, transcending political affiliations.

Organizers estimate that over 20,000 devotees will participate in the Vanasamaradhana. To ensure widespread participation, more than 20,000 pamphlets have been printed and distributed, extending invitations to every household in the region.

The event, scheduled from 8 AM to 5 PM, will feature a variety of spiritual, cultural, and entertainment programs, celebrating the heritage and unity of the Kapu community. The organizers unveiled pamphlets for the event, outlining the day's programs and inviting all Kapu community members to join.

Adding to the preparations, Janasena Party constituency in-charge Bandi Ramakrishna announced a generous donation of ₹2,00,000 to support the arrangements for the Vanasamaradhana.



Kohli & Rohit: Titans on Trial, But Never Count Them Out!

As cricket fans gear up for the much-anticipated Border-Gavaskar Trophy in Australia, the series is being billed as “the toughest rivalry.” With India facing the top-ranked Australians on their home turf, the stakes are sky-high—not just for the team, but particularly for two Indian cricketing legends, Virat Kohli and Rohit Sharma. Both are entering what might be their last Test series Down Under, carrying the weight of expectation, legacy, and the unrelenting march of time.

A Rivalry Steeped in History

India versus Australia has become cricket’s most enthralling modern rivalry. Over the past few editions, the series has produced unforgettable moments, with India winning the last four editions, including two consecutive triumphs on Australian soil. This time, the script includes not just the usual fierce competition but also the poignant reality that Kohli and Sharma are likely nearing the twilight of their Test careers.

Virat Kohli and Rohit Sharma, titans of Indian cricket, find themselves facing not just the formidable Australian team but also mounting questions about their form and future. Both players have experienced underwhelming performances in recent Test series. In the debacle against New Zealand at home, Kohli scored 93 runs in six innings, while Sharma managed only 91, leaving critics questioning their Test relevance.

As India takes on Australia, the performance of these two stalwarts will be under intense scrutiny. Their ability to lead with the bat will not only determine the outcome of the series but could also shape the narrative around their careers. Failure here might lead to a decline in their influence, while a roaring comeback could solidify their legacies.

Youth Breathing Down Their Necks

The timing of this high-stakes series couldn’t be more crucial, as Indian cricket is brimming with young talent eager to make their mark. Sarfaraz Khan has already impressed with a century and three fifties in just six Tests. Abhimanyu Easwaran, a do-



mestic stalwart, awaits his debut. Dhruv Jurel, the son of a Kargil war veteran, recently showcased his talent in an India A match against Australia, averaging 74 across two innings.

This emerging crop of players is not just knocking but banging on the door of opportunity, making the stakes even higher for Kohli and Sharma. The duo must deliver significant performances to remind the cricketing world—and themselves—that they still belong at the highest level.

The Litmus Test in Australia

The fiery pitches of Australia have always been a litmus test for batting skill and resilience. Kohli’s past performances Down Under offer a glimmer of hope; he boasts an impressive average of over 54 in 13 Tests, with six centuries, including a career-best 169. For Rohit, the story is less compelling. His average in Australia is a modest 31.38, and he has yet to score a Test century there.

The first Test at Perth promises to be a trial by fire. The pitch, designed for pace and bounce, will test their technique and temperament. For Kohli and Sharma, this could be the perfect stage to silence their critics and reaffirm their standing as legends of the game.

A Race Against Time

At 36 and 37 years old, respectively, Kohli and Sharma are no strangers to the toll that Test cricket takes on the body. They have likely set personal timelines for retirement, perhaps tied to the ICC World Test Championship (WTC) Final at Lord’s in June 2025—a title that has eluded India despite reaching the final twice. If India can defeat Australia and qualify for the WTC Final, it could provide a fitting swan song for both players.

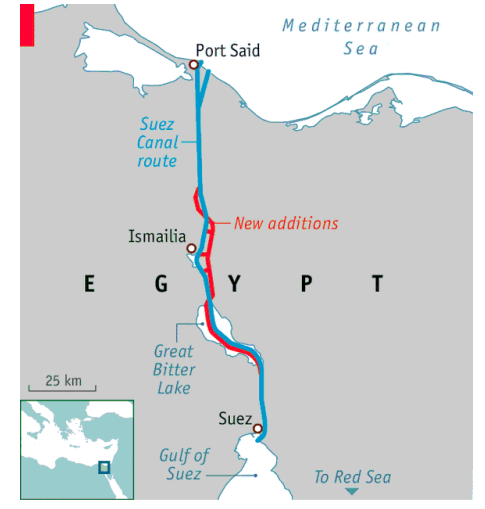
However, the specter of failure looms large. The BCCI has reportedly stated that Kohli and Sharma might not make the squad for the England tour in 2025 if India fails to reach the WTC Final. For the two stalwarts, the thought of being dropped rather than choosing their exit is unthinkable, making their performances in Australia all the more critical.

Ultimately, this series could define not just the future of Virat Kohli and Rohit Sharma but also their lasting legacies in Indian cricket. If they rise to the occasion, they could extend their careers and keep their names etched in the annals of cricketing greatness. But failure could hasten the inevitable.

For now, the cricketing world watches with bated breath. The one certainty is that neither Kohli nor Sharma would want their illustrious careers to end with anything less than a roar.

Suez Canal: A Historic and Economic Lifeline for Global Trade

The Suez Canal, a 193-kilometer-long artificial waterway, stands as a cornerstone of global maritime commerce. Connecting the Red Sea to the Mediterranean through the Isthmus of Suez, this engineering marvel has significantly transformed international trade by reducing the sea route between Asia and Europe by up to 7,000 kilometers.



Historical Significance

The idea of linking the Nile River to the Red Sea dates back to ancient Egypt, with early attempts at constructing a canal occurring centuries ago. However, the modern Suez Canal was brought to life under the leadership of French engineer Ferdinand de Lesseps. Construction began in 1859, and after a decade of monumental effort involving the removal of 74 million cubic meters of sediment, the canal was officially inaugurated on February 17, 1867. Initially, the canal was just 8 meters deep and 22 meters wide at its base, but it has undergone multiple expansions and upgrades over the years to accommodate larger vessels.

Economic Importance

Today, the Suez Canal is one of the busiest waterways in the world, handling approximately 12% of global trade and facilitating 30% of daily container traffic. Its strategic location and efficient route make it an indispensable link in the global supply chain. By significantly reducing travel distances for ships, the canal plays a vital role in saving time and fuel costs, benefiting economies worldwide.

The canal is also crucial for the global energy market, with about 7% of the world’s oil supply passing through it. This underscores its role not only in trade but also in ensuring the smooth transportation of essential resources.

Modern Enhancements

Over the years, the Suez Canal has seen several expansions and modernization projects. A significant upgrade in 2015 enhanced its capacity, allowing for the transit of larger vessels and reducing waiting times

for ships. These improvements ensure the canal’s ability to meet the demands of increasing global trade and maritime traffic.

The canal remains an open-cut waterway without locks, simplifying its operation. Its design and strategic upgrades have cemented its position as a vital economic artery in the global shipping network.

Geopolitical and Strategic Challenges

The canal has been a focal point of geopolitical conflicts, highlighting its strategic importance. In 1956, the Suez Crisis erupted when Egypt nationalized the canal, prompting military intervention by Britain, France, and Israel. This event underscored the canal’s critical role in international politics and trade.

The Arab-Israeli War of 1967 further disrupted its operations, leading to an eight-year closure until 1975. Such disruptions have had significant repercussions on global shipping, emphasizing the canal’s vulnerability to regional instability.

A Lifeline for Global Commerce

Despite its challenges, the Suez Canal remains a cornerstone of international trade. Its ability to facilitate efficient maritime routes has made it indispensable for economies across the globe. The canal’s enduring relevance reflects not only its strategic location but also the ongoing efforts to maintain and enhance its capacity to meet modern demands.

For many, traveling abroad is a dream that often seems out of reach due to the perceived high costs. However, there are several countries where Indian travelers can explore beautiful landscapes, rich cultures, and unique experiences without breaking the bank. These destinations, some of which are neighboring countries, offer incredible travel opportunities at surprisingly low costs. Here’s a guide to some of the best budget-friendly international destinations and their approximate weekly expenses.

1. Nepal – Weekly Cost: ₹45,000

Nestled in the foothills of the majestic Himalayas, Nepal offers stunning landscapes and unique cultural experiences. For Indian travelers, a major advantage is that no passport is required to visit. The country is famous for its Himalayan treks, serene temples, and vibrant local culture. Popular spots include Kathmandu, Pokhara, and the iconic Mount Everest base camp region. A week-long trip to Nepal costs around ₹40,000 to ₹45,000 per person, which includes travel, accommodation, and meals. For nature lovers and adventure seekers, Nepal is a perfect getaway that blends affordability with awe-inspiring experiences.



2. Bhutan – Weekly Cost: ₹30,000

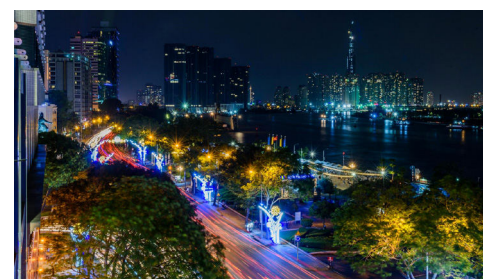
Known for its serene beauty and peaceful environment, Bhutan is an ideal destination for those seeking adventure and tranquility. The country’s rich heritage, breath-taking monasteries, and scenic landscapes make it a must-visit. Bhutan is also famous for its Gross National Happiness philosophy, which adds a unique cultural perspective for travelers. A seven-day trip to Bhutan costs approximately ₹30,000 per person. The country offers low-cost accommodation and food, making it an affordable choice for Indian tourists.



Explore Abroad on a Budget

Affordable International Destinations for Indian Travelers

3. Vietnam – Weekly Cost: Under ₹35,000



Vietnam is a treasure trove of cultural richness, historical significance, and stunning natural beauty. From the vibrant streets of Hanoi to the serene Ha Long Bay, Vietnam offers diverse attractions at budget-friendly prices. A week-long trip to Vietnam, including airfares, costs less than ₹35,000 per person. The cost of food and accommodation in Vietnam is notably low, allowing travelers to indulge in local delicacies and comfortable stays without overspending.

Important Considerations

The expenses mentioned above include general travel costs, standard accommodations, and meals. Additional expenses such as local tours, entry fees, shopping, and personal interests may vary depending on the traveler. It’s essential to budget for these extras to make the most of your trip.

4. Bali (Indonesia) – Weekly Cost: Under ₹60,000

Bali, Indonesia’s famed island paradise, is one of the most popular tourist destinations in the region. Known for its beautiful beaches, vibrant culture, and lush greenery, Bali is perfect for couples, families, and solo travelers alike. A week in Bali costs less than ₹60,000 per person, including airfare. While the air travel may take up a significant portion of the budget, local accommodations, meals, and transport are highly affordable, ensuring a memorable yet cost-effective trip.



5. Kenya – Weekly Cost: ₹60,000 to ₹75,000

For wildlife enthusiasts, Kenya is a dream destination. Renowned for its iconic safaris and world-famous wildlife sanctuaries, Kenya offers an unforgettable experience in nature. The Masai Mara National Reserve and Amboseli National Park are among the top attractions. A week-long trip to Kenya, including airfare, costs between ₹60,000 and ₹75,000 per person. While airfare makes up a large part of the budget, the cost of accommodation and food is moderate. Travelers can immerse themselves in wildlife tourism without worrying about excessive expenses.



Final Thoughts

Traveling abroad doesn’t have to remain a distant dream. With careful planning and a focus on budget-friendly destinations, Indian travelers can explore some of the most beautiful countries without overspending. Whether you’re seeking adventure in Ne-

pal, serenity in Bhutan, cultural richness in Vietnam, island paradise in Bali, or thrilling wildlife safaris in Kenya, these destinations offer incredible experiences that are easy on the pocket.

Start planning your next international getaway and turn your dream of traveling abroad into reality!

Nigeria to Honor PM Modi with 'GCON' Award

Prime Minister Narendra Modi is set to receive Nigeria's highest civilian award, the Grand Commander of The Order of the Niger (GCON), during his visit to the country as part of a three-nation tour. Modi will become only the second foreign dignitary to be bestowed with this prestigious honor, following Queen Elizabeth II, who was awarded the GCON in 1969.

The announcement came as PM Modi arrived in Abuja, Nigeria's capital, on the first leg of his visit, which will also take him to Brazil and Guyana from November 17 to November 21. This marks his 17th international award, a testament to his significant global diplomatic presence.

Upon arrival, PM Modi was warmly welcomed by Nyesom Ezenwo Wike, the Minister for Federal Capital Territory, who presented him with the 'Key to the City' of Abuja. The gesture symbolizes the deep respect and trust Nigeria has for the Indian Prime Minister.

In a statement, PM Modi expressed his enthusiasm for strengthening India-Nigeria relations. "At the invitation of President Bola Ahmed Tinubu, this will be my first visit to Nigeria, which is our close partner in the West African region. My visit will be an opportunity to build upon



our Strategic Partnership that is based on shared belief in democracy and pluralism," he said. Modi also mentioned his eagerness to meet the Indian community in Nigeria, many of whom had sent him warm messages in Hindi.

The visit is significant, as it marks the first time in 17 years that an Indian Prime Minister has visited Nigeria. India and Nigeria have a longstanding and robust relationship, with collaboration across several sectors, including economic, energy, and defense.

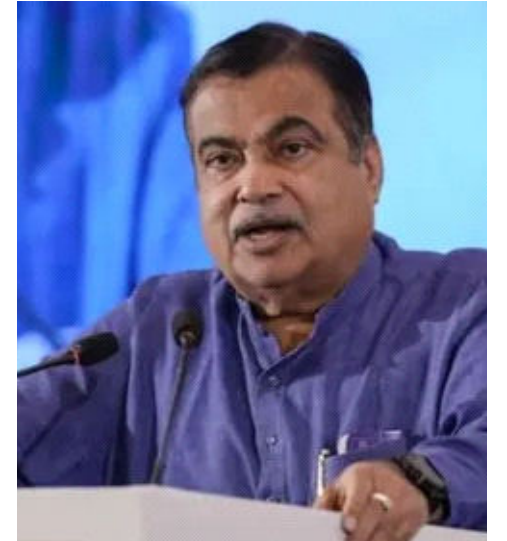
Over 200 Indian companies have invested more than \$27 billion in Nigeria, and the two nations share strong development cooperation, with India providing concessional loans and capacity-building training programs.

During his visit, PM Modi will hold bilateral talks with President Tinubu and other Nigerian leaders to review and strengthen the strategic partnership between the two countries.

Nobody should take Rahul Gandhi seriously: Nitin Gadkari

Union Minister Nitin Gadkari has responded sharply to Congress leader Rahul Gandhi's recent comments about Prime Minister Narendra Modi allegedly suffering from memory loss, likening him to US President Joe Biden. Gadkari dismissed Gandhi's remarks as "irresponsible" and said that people should not take the Congress leader seriously. Speaking to the media on Sunday, Gadkari emphasized that Rahul Gandhi's statements were a reflection of his tendency to speak recklessly.

"I don't think anybody should take Rahul Gandhi seriously," Gadkari said, adding that the Congress leader often makes unfounded allegations that lack substance. Gandhi had recently claimed that PM Modi's memory issues resembled those of President Biden, a comment that drew sharp criticism from BJP leaders, including Gadkari.



Gadkari, a senior leader of the Bharatiya Janata Party (BJP), also expressed confidence in the upcoming Maharashtra state assembly elections, scheduled for November 20. He asserted that the people of Maharashtra would place their trust in the BJP-led Mahayuti alliance. "The people of Maharashtra know what is at stake, and they will choose the BJP and its allies to lead the state with stability and development," he said, underscoring the alliance's track record and governance experience.

The comments from Gadkari come at a time when political tensions are high in Maharashtra, with both the BJP and Congress actively campaigning in the run-up to the elections. Rahul Gandhi's remarks about PM Modi's memory have become a focal point of political debate, with BJP leaders accusing the Congress leader of making baseless and derogatory statements.

Gadkari's dismissive response highlights the growing political divide between the Congress and BJP in Maharashtra, with both parties gearing up for a closely contested election. As the state prepares for its vote, the BJP continues to rally support for its coalition, promising growth and stability under its leadership.

Siddaramaiah Hits Back at Modi's Allegations, Challenges Him to Prove Claims

Karnataka Chief Minister Siddaramaiah has fiercely responded to Prime Minister Narendra Modi's recent allegations that the Congress government in Karnataka "looted" the people and used the money for election campaigning in Maharashtra. Addressing a press conference in Solapur on Saturday, CM Siddaramaiah dismissed Modi's remarks as "blatant lies" and challenged him to provide evidence. "If Modi can prove his allegations, I will retire from politics," Siddaramaiah declared. "Why doesn't Modi accept my challenge? What is he afraid of?"

Siddaramaiah's remarks come amid a tense political atmosphere in Maharashtra, where the state assembly elections are scheduled for November 20. During the campaign, PM Modi had claimed that Congress's governance in Karnataka was marred by corruption and extortion, which, according to him, funded the party's electoral activities in Maharashtra.



Modi further stated that the Congress's welfare schemes in Karnataka were economically damaging, an assertion Siddaramaiah quickly rebutted.

"PM Modi says welfare guarantees will ruin the economy, yet the BJP is offering similar promises in Maharashtra and Madhya Pradesh," Siddaramaiah pointed out. "The Modi government waived ₹16 lakh crore in loans for the wealthy, yet failed to help farmers even once," he added, accusing the Prime Minister of prioritizing the rich while neglecting the poor.

Siddaramaiah also hit out at the Maharashtra BJP, threatening legal action over what he called "blatantly false" advertisements against Karnataka's government. He emphasized that Karnataka, which contributes ₹4.5 lakh crore annually to central taxes, receives a meager ₹60,000 crore in return, highlighting the unfair treatment of both Karnataka and Maharashtra by the Modi government.

He went on to defend the Congress's social welfare initiatives in Karnataka, such as the Shakti Scheme, which benefits women, and the Gruha Jyothi and Anna Bhagya schemes, providing free electricity and rice to millions. Siddaramaiah also reiterated that these guarantees were successfully implemented within eight months, empowering people across all communities without harming the state's finances.

Urging the people of Maharashtra to vote for the Maha Vikas Aghadi, Siddaramaiah promised that if the coalition came to power, they would deliver on their own guarantees and ensure the state's inclusive development.

India Successfully Test-Fires Long-Range Hypersonic Missile

India has successfully test-fired a long-range hypersonic missile from Dr. APJ Abdul Kalam Island off the coast of Odisha, marking a significant milestone in the nation's defense capabilities. The test was conducted on Saturday, with Defence Minister Rajnath Singh announcing the achievement on Sunday.

Singh described the successful test as a historic moment, placing India among a select group of nations capable of developing critical hypersonic missile technology.

"India has achieved a major milestone by successfully conducting the flight trial of a long-range hypersonic missile from Dr. APJ Abdul Kalam Island, off the coast of Odisha," Singh stated on X (formerly Twitter). "This is a historic moment, and this significant achievement has put our country in the group of select nations with such critical and advanced military technologies," he added.

The Defence Minister congratulated the Defence Research and Development Organisation (DRDO), the armed forces, and the defense industry for the "stupendous achievement," underlining its importance for India's strategic capabilities.



Nagaland CM Rio to lead Cabinet to meet Amit Shah on Naga political dialogue

Nagaland Chief Minister Neiphiu Rio, along with his deputies T R Zeliang and Y Patton, will lead a high-level delegation of the state cabinet to New Delhi on Monday to meet Union Home Minister Amit Shah. The delegation is set to discuss the stalled Naga political dialogue, which has been a long-standing issue between the Government of India and various Naga groups, particularly the NSCN-IM (National Socialist Council of Nagalim-Isak Muivah).

The meeting comes amid growing concerns over the delay in reaching a resolution. The NSCN-IM has recently threatened to resume its insurgent activities and return to the jungles, citing frustration over the prolonged negotiations. The group has warned that the peace process, which has been ongoing for years, risks breaking down if no concrete progress is made soon. This threat has heightened tensions in the region and prompted the Nagaland government to take urgent action. According to official sources, the Nagaland cabinet has decided to meet with both the negotiating parties—the Government of India and the Naga groups—at the earliest to address the deadlock. The state government has expressed its commitment to ensuring that the Naga political issue is resolved in a manner that respects the aspirations of the Naga people while maintaining peace and stability in the region.

'BJP deliberately wants Manipur to burn': Kharge

Congress President Mallikarjun Kharge has strongly criticized the Bharatiya Janata Party (BJP) over the ongoing violence in Manipur, accusing the ruling party of deliberately allowing the situation in the border state to deteriorate to serve its "hateful divisive politics." Kharge's remarks came as fresh clashes erupted in Manipur, exacerbating the already tense situation in the region.

Addressing the media on Sunday, Kharge condemned the BJP's handling of the violence, which has led to widespread unrest and displacement of people. He accused the party of not taking adequate steps to restore peace and prevent further bloodshed, suggesting that the BJP's actions were intentional, driven by a desire to inflame communal tensions for political gain. "The BJP deliberately wants Manipur to burn because it serves their divisive agenda," Kharge said, adding that the state's turmoil

was a result of the BJP's failure to act in the interest of the people.

The violence in Manipur, which has been ongoing for months, has led to numerous deaths, injuries, and widespread property damage, displacing thousands of residents. Kharge's allegations come amid growing concerns over the BJP's response to the crisis, with many opposition leaders accusing the party of turning a blind eye to the suffering of the people in the region.



In the wake of the escalating violence, Union Home Minister Amit Shah, who was scheduled to hold rallies in Maharashtra ahead of the state's assembly elections, cancelled his public appearances to focus on the situation in Manipur. The cancellation of Shah's rallies underscores the gravity of the situation and the government's increased focus on managing the crisis in the northeastern state.



Ishiba: Meeting with Trump Won't Happen Due to Legal Restrictions

Japanese Prime Minister Shigeru Ishiba announced on Saturday that his planned meeting with US president-elect Donald Trump would not proceed, citing legal constraints. Speaking to reporters in Lima, Peru, Ishiba explained that Trump's transition team informed him that meetings with foreign leaders prior to the president's inauguration were prohibited under the Logan Act.

The Logan Act, a US law dating back to 1799, restricts private citizens from engaging in unauthorized negotiations with foreign governments. While the law is rarely invoked, it has been cited in situations where unofficial diplomatic discussions could potentially interfere with US foreign policy or undermine official negotiations.

Ishiba had been hoping to meet with Trump as part of his visit to Peru, where he was attending the Asia-Pacific Economic Cooperation (APEC) summit. However, due to the legal limitations surrounding the pre-inauguration period, his request was declined.

The decision not to meet with the president-elect underscores the delicate nature of diplomatic interactions during the transition period between US ad-



ministrations. Transition teams are typically cautious about engaging in formal talks with foreign leaders before the incoming president is officially sworn in, to avoid the appearance of premature commitments or diplomatic overreach.

Despite this setback, Ishiba reaffirmed Japan's commitment to strengthening its relationship with the United States under Trump's leadership. He emphasized the importance of the US-Japan

alliance and expressed hope for continued close cooperation on a range of global issues, including security and trade. Ishiba's remarks come at a time when Japan, like many other nations, is closely monitoring the evolving political landscape in Washington. As the US prepares for a new administration, world leaders are adjusting their diplomatic strategies to navigate the uncertainties of a post-election period, where key policy positions have yet to be fully articulated.

Pope Francis and Muhammad Yunus Launch '3Zero Club' in Rome



In a groundbreaking initiative aimed at fostering a more inclusive and sustainable future, Pope Francis and Bangladesh's Chief Adviser Muhammad Yunus jointly launched the "Pope Francis Yunus 3Zero Club" in Rome on Saturday. The new initiative focuses on tackling three critical global challenges: zero poverty, zero unemployment, and zero net carbon emissions.

The "3Zero" concept was introduced to address interconnected issues that affect humanity's well-being and the planet's health. The three Zs—zero poverty, zero unemployment, and zero carbon emissions—represent core goals that aim to reshape the world economy and society toward a more equitable and sustainable model.

Muhammad Yunus, the Nobel Peace Prize-winning founder of Grameen Bank and a longtime advocate for social business, highlighted the importance of addressing these pressing global concerns through collaborative action. He emphasized that the 3Zero Club is not just a conceptual framework but a call to action for individuals, governments, and businesses to unite in the fight against inequality and environmental degradation.

Pope Francis, known for his strong advocacy for social justice and environmental stewardship, expressed his hope that the 3Zero Club would inspire a global movement of solidarity and collective responsibility. "We must build a future where no one is left behind, and our planet is safeguarded for future generations," the Pope said in his remarks.

Sri Lanka's New Cabinet to Be Sworn In Following Historic Election Victory



Sri Lanka's newly elected Cabinet will be sworn in on Monday in a ceremony overseen by President Anura Kumara Disanayake, his media office confirmed on Sunday. This marks a significant political milestone after the National People's Power (NPP) party, led by Disanayake, secured a resounding victory in the parliamentary elections held on Thursday.

The NPP, which emerged with a two-thirds majority, is set to take full control of the government, positioning Disanayake as a key figure in Sri Lanka's future political landscape. This victory is seen as a major shift in the country's

political dynamics, as the NPP's strong performance consolidates its influence across the nation.

One of the standout results of the election was the NPP's dominance in the Jaffna electoral district, a traditional stronghold for the Tamil National Alliance (TNA) and a critical region for Sri Lanka's minority Tamil population. The NPP's ability to secure such a significant foothold in Jaffna has been hailed as a testament to the party's growing national appeal, especially in areas previously seen as sympathetic to other political factions.

Two Flash Bombs Fired at Netanyahu's Home, No Damage or Injuries Reported



Two flash bombs were fired into the garden of Israeli Prime Minister Benjamin Netanyahu's residence in Caesarea on Saturday, marking a disturbing escalation in security threats against the Israeli leader. According to a police statement, the bombs landed in the garden, but there were no injuries or damage. Neither Netanyahu nor his family members were present at the time of the attack, and the incident did not result in any immediate harm.

The attack occurred just a month after a drone strike targeted Netanyahu's residence, heightening concerns about the rising level of violence directed at prominent political figures in Israel. While the motives behind the flash bomb incident remain unclear, authorities are treating the event seriously and have launched an investigation.

Flash bombs, typically used to disorient or distract, are non-lethal devices that emit a bright flash and a loud sound, but they can cause significant shock and panic if deployed in populated areas. The fact that they were aimed at Netanyahu's private residence has raised alarm over the potential threat to his safety and the security of his family. Israeli police have cordoned off the area and are working with intelligence agencies to identify the perpetrators. They are also reviewing security footage from nearby cameras and questioning local witnesses.

Although Netanyahu's residence is heavily guarded, the attack underscores the ongoing security challenges faced by high-profile leaders, particularly in volatile regions. The Prime Minister's office has not yet issued a detailed public response to the incident, but Netanyahu's spokesperson reaffirmed the government's commitment to ensuring the safety of its leaders.



Biden and Xi Reach Landmark Agreement on Nuclear Weapons and AI Control

US President Joe Biden and Chinese President Xi Jinping reached a significant agreement on Saturday, underscoring the critical need for human decision-making in the control of nuclear weapons, particularly in the context of advancing artificial intelligence (AI) technologies. The leaders emphasized that nuclear weapons decisions should remain under human control and highlighted the importance of developing military AI responsibly.

A statement from the White House affirmed that both leaders acknowledged the need for caution when integrating AI into military systems, stressing the potential risks and the necessity of prudent development. "The two leaders affirmed the need to maintain human control over the decision to use nuclear weapons," the statement read. "They also stressed the importance of carefully considering the risks associated with military AI technology."

This agreement marks a significant step in the ongoing discussions between the US and China on nuclear arms and artificial intelligence—two areas where diplomatic progress has been slow and fraught with challenges. The US has been pushing China to engage in nuclear arms control talks, but progress has been limited, particularly after the brief resumption of talks in November, which saw little substantive movement.

The US Defense Department estimates that China currently has approximately 500 operational nuclear warheads, with projections indicating that number could surpass 1,000 by 2030. This rapid expansion of China's nuclear capabilities, including advanced systems like hypersonic glide vehicles and nuclear-armed submarines, has raised concerns in Washington and among US allies, especially given the backdrop of global nuclear arms competition.

While China's nuclear stockpile remains far smaller than those of Russia (1,710 warheads) and the US (1,770 warheads), its modernized nuclear arsenal and military advancements have sparked fears of an arms race. Nevertheless, China maintains a policy of "no first use" and advocates for minimal deterrence.

The Biden administration had previously updated its nuclear posture earlier this year, expressing concerns about China's growing nuclear capabilities. While the Biden-Xi agreement is a positive development, it remains to be seen whether it will lead to further talks or concrete actions to address these complex and interconnected challenges.



North Korea's 'Noise Bombing' Terrorizes South Korean Village Near DMZ

Residents of Dangsang, a small village near the Demilitarized Zone (DMZ) in South Korea, are enduring a new form of psychological warfare, as North Korea has ramped up its use of loudspeakers to broadcast disturbing sounds across the border. Since July, the loudspeakers have been blaring unsettling noises for up to 24 hours a day, replacing the traditional propaganda broadcasts with eerie sounds, from gong-like crashes to ghostly screams. Villagers have described the relentless barrage as "noise bombing," a constant, maddening assault that has disrupted their lives and made daily activities unbearable.

"It is driving us crazy," said one resident, speaking to *The New York Times*. "You can't sleep at night. It's bombing without shells." The constant noise, ranging from metallic grinding to howling wolves and artillery-like blasts, has caused widespread insomnia, headaches, and stress among the villagers, many of whom are elderly. Unlike the previous propaganda broadcasts, which included music and human voices, these new sounds serve no clear message and seem designed to irritate and unsettle. "At least the old broadcasts were human sounds we could bear," said another villager, reflecting on how tensions between the Koreans have evolved.

The sonic assault is part of a broader escalation in tensions between North and South Korea. With North Korean leader Kim Jong-un abandoning dialogue with South Korea and the United States, and South Korean President Yoon Suk Yeol increasing military drills with allies, the two countries have become locked in a cycle of provocative actions. North Korea's new sound strategy follows a period of retaliation against South Korean broadcasts, which included sending balloons filled with trash in response to anti-Kim leaflets and resuming propaganda broadcasts of its own.



Choppy Markets Ahead: Global and Domestic Factors Weigh on Sentiment

It seems that the domestic stock markets are likely to be subject to tides this week as well. The dollar rose strongly with the victory of Donald Trump. As a result, equity markets and gold prices around the world are crashing. The departure of foreign institutional investors and the weakness of the rupee added to this. Expectations are rising that FIIs will bounce back in a few days as China's stimulus package is not of much use. The market is likely to stabilize after the results of Maharashtra and Jharkhand.



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Stock Recommendations:

Indian Hotels: These are the stocks that are trading strongly even in a weak market. Investors' interest increased with the release of good results. EPS and sales have increased significantly. Delivery and trading volume picked up. Investors should take a position in the range of Rs.720 with a target price of Rs.800/840 in this counter which closed at Rs.741 last Thursday with a gain of 3.81%. Stoploss should be set at Rs.700.



Policy bazaar: 18% correction was made in these shares from lifetime highs. Consolidation is currently going on between Rs.1650-1740. Stocks don't move much in a bearish market. It is trading better than Nifty. An increase in sales in the latest quarter is a good sign. Investors should take a position in the Rs.1700 range



with a target price of Rs.1850 on this counter which closed at Rs.1724 with a gain of 5.61% in the last session. Stoploss should be set at Rs.1670.

GlandPharma: The shares are currently hovering below the 200 SMA. EPS increased after last quarter results. Trading and delivery volume



increased significantly. Investors should take a position in the range of Rs.1750 with a target price of Rs.1850/1920 in the counter which closed at Rs.1774 last Friday with a gain of 4.14%. Stoploss is mandatory at Rs.1710.

Naukri: This counter has seen a correction of up to 10% after lifetime highs. These shares are performing strongly despite weak market sentiment. Currently in the consolidation phase. Investors should take a position at Rs.7700 with a target price of Rs.7840/7900 in this counter which closed at Rs.7768 last Friday with a gain of 2.01%. Stoploss should be set at Rs.7670.



Tata Power: The counter, which has fallen as much as 20% after hitting a lifetime high, has now taken key support at Rs.400. Investors are showing interest as this is the right level to accumulate these shares. These should be bought at Rs.400 with a target price of Rs.470/510. Stoploss should be set at Rs.370.



RBI Governor : Indian Economy Well-Positioned to Handle Global Spillovers



Reserve Bank of India (RBI) Governor Shaktikanta Das expressed confidence on Saturday that the Indian economy and financial system are well-equipped to manage any potential spillovers from global events. Highlighting India's robust economic fundamentals, Das noted that the country is in a strong position to weather external shocks, be it from geopolitical tensions, global economic slowdowns, or financial market volatility.

In his remarks, Das pointed out that India's economic resilience is supported by several key factors, including its significant foreign exchange reserves. He highlighted that India currently holds one of the largest foreign exchange reserves globally, amounting to approximately USD 675 billion. These reserves provide a critical buffer against external shocks, ensuring the country can manage adverse fluctuations in global markets or sudden changes in capital flows.

Das also emphasized the strength of India's banking and financial sectors, noting that they are well-capitalized and have shown robust performance despite global uncertainties. The Indian financial system, he said, remains resilient to external pressures, supported by effective regulatory oversight and prudent monetary policies implemented by the RBI.

India's macroeconomic stability, coupled with its large foreign exchange reserves, has positioned the country to handle global economic and financial challenges. This is particularly important as the world continues to grapple with multiple uncertainties, including inflationary pressures, global supply chain disruptions, and fluctuating energy prices.

The RBI Governor's comments come at a time when many global economies are experiencing slowdowns or facing significant risks. While India is not immune to global economic headwinds, Das reassured markets that the country's economic fundamentals remain strong and capable of absorbing any external shocks without significant disruption.

Indian Stock Market Set for Busy Week with Multiple IPO Listings

The Indian stock market is gearing up for a bustling week with the anticipated listing of several companies, including Zinka Logistics Solutions, Neelam Linen and Garments, Mangal Compusolution, and Onyx Biotech. Starting Tuesday, November 19, investors will also see the opening of one mainboard initial public offering (IPO) and two small and medium enterprise (SME) IPOs for public subscription, marking a significant uptick in market activity.

The IPO scene in India has reached unprecedented levels this year. In 2024, IPO activity hit an all-time high with a total issue size of ₹1.38 trillion, surpassing the previous record of ₹1.31 trillion set in 2021. This surge in listings reflects growing investor confidence and a strong appetite for new market entrants.

The week ahead promises to be particularly interesting, with Zinka Logistics Solutions and other companies set to make their market debut. While the mainboard IPO and the two SME IPOs will create ample opportunities for investors, there are expectations of significant price movements and volatility in the market.

Yatin Singh, head of investment banking at Emkay Global, was quoted in *Mint*, stating



that "listing gains and subscription levels seem to be inversely proportional to the size of the IPO." This suggests that smaller IPOs might witness more substantial listing gains compared to their larger counterparts. The performance of these listings will be closely watched, as they offer insights into investor sentiment and market trends.

Investors and market analysts will also be

keeping an eye on subscription levels and the gray market premium (GMP) of the Zinka Logistics IPO, which is expected to set the tone for the upcoming listings. As the IPO season continues to heat up, participants are advised to assess the risk factors, including the company's fundamentals, as they look to capitalize on the fresh opportunities that are expected to unfold.

India's Current Account Deficit to Stay Manageable, Says Report

India's current account deficit (CAD) is expected to remain within a manageable range for both FY25 and FY26, according to a recent report by Bank of Baroda. The report highlights that steady, muted oil prices will play a key role in supporting the country's external financial position, helping to balance the trade dynamics despite global economic challenges.

While global markets continue to experience volatility, the report notes that current oil price levels are favorable for India's import bill, reducing the pressure on the country's trade balance. Although higher commodity prices could still impact India's import costs, the report anticipates the overall increase to be moderate. The trade deficit for India widened to a 13-month



high of USD 27.1 billion in October 2024, driven by higher oil and gold imports, though export growth remained robust, rising 17.3% in the same month. Notably, non-oil exports

emerging markets. The report mentions that the recent weakness in INR is driven by these exogenous factors rather than domestic economic conditions.

played a significant role in this growth.

For FY25, the trade deficit has been higher compared to the previous year, largely due to fluctuations in global commodity prices. Looking forward, the report suggests that the future growth of exports will depend on global trade conditions, with potential risks arising from increasing U.S. protectionism that could impact India's trade prospects.

The Indian rupee (INR) has also come under pressure recently, primarily due to external factors such as a stronger U.S. dollar and capital outflows from emerging markets. The report mentions that the recent weakness in INR is driven by these exogenous factors rather than domestic economic conditions.



Japan's "Coffin Cafe" Offers Unique Space for Reflection on Life and Death

In an unusual twist on funeral traditions, a 120-year-old funeral home in Japan has launched a "coffin cafe" where visitors can lie in a casket and reflect on life and mortality. The initiative, introduced by Kajiya Honten funeral home in Futtsu, Chiba Prefecture, is designed to provide a peaceful, introspective experience in a comfortable setting. The concept has garnered attention for its thought-provoking approach to death and reflection.



Founded in 1902 during the Meiji era, Kajiya Honten has been serving the community for over a century. In September 2023, the funeral home partnered with a funeral supply company to launch the coffin cafe on the first floor of its main building. The cafe features three uniquely designed coffins, each in a different color—gold, green, and yellow—adorned with floral patterns and soothing motifs. The goal is to create a calm and contemplative environment where visitors can lie in the coffins, take time to reflect on their lives, and think about their eventual passing.

Visitors can experience the coffin cafe for a fee of 2,200 yen (around \$14), and many have found it to be a powerful way to reflect on life's impermanence. The experi-

ence has drawn a variety of guests, including couples who take photos inside the coffins and others who choose to close the lid for a moment of personal reflection.

Kiyotaka Hirano, the president of Kajiya Honten, explained that the idea for the coffin cafe came from his own experience of losing his father unexpectedly at a young age. Hirano believes that the experience can offer visitors a "rebirth," a chance to reset and renew their lives by confronting their own mortality.

This innovative service comes at a time when Japan's funeral industry is facing challenges, including declining demand and rising competition. Kajiya Honten aims to stand out by offering personalized services and unique experiences, ensuring that its century-old legacy remains relevant in today's changing world.

Revolutionary Or Deceptive? China's Robotic Fish Raise Eyebrows

A life-size robotic whale shark at Xiaomeisha Sea World in Shenzhen has sparked controversy, with some visitors feeling deceived after paying the hefty entry fee of 230 yuan (around Rs 2,680). The artificial creature, which was introduced after the aquarium's reopening in October, has left a section of the public upset, as they expected to see a real whale shark in the water, not a mechanical replica.



Videos of the robotic whale shark gliding through the aquarium's tanks have been circulating online, showing the lifelike appearance of the creature. However, many visitors were taken aback to discover that it was not a living animal but a technologically advanced robot. Some expressed their dissatisfaction by posting complaints on Dazhong Dianping, a popular Chinese review platform, questioning the aquarium's authenticity and accusing it of misleading customers.

One disgruntled visitor wrote, "I cannot believe the whale shark is fake. It's outrageous to charge over 200 yuan for a ticket." Another commenter went as far as threatening to report the aquarium to authorities, saying, "I will have this place shut down for tricking people with a fake whale shark."

The incident has divided opinion, with some defending the aquarium's use of technology, arguing that

the robotic whale shark offers a unique experience for visitors. Proponents of the attraction note that the artificial shark is an impressive feat of engineering, capable of mimicking the movements of a real whale shark in a way that some find fascinating.

Despite the mixed reactions, the controversy has drawn attention to the growing trend of using artificial creatures in lieu of real marine life in aquariums. While some visitors may appreciate the innovation, others feel disappointed by the lack of transparency about the nature of the exhibit, especially given the premium ticket prices.

As the debate continues online, Xiaomeisha Sea World may need to reassess its approach to customer expectations, balancing technological innovation with clear communication about what visitors can expect from their experience.

World's Longest Experiment Could Last Another Century

The "Pitch Drop Experiment", recognized by the Guinness World Records as the longest-running scientific experiment, is set to continue its slow march through time, potentially for another century. Held at the University of Queensland in Australia, this experiment, which has been ongoing since 1927, is an unusual demonstration of viscosity using a substance called pitch—a tar derivative known for being the world's thickest liquid.



Originally conceived by Australian physicist Thomas Parnell, the experiment aimed to measure the fluidity of pitch, which, despite appearing solid at room temperature, behaves like a thick, slow-moving liquid. Parnell poured a sample of pitch into a glass funnel and allowed it to cool and settle for three years before cutting the funnel's stem. Since then, the pitch has been dripping, but at an extraordinarily slow rate, dropping only nine times in almost a century. The next drop is expected sometime this decade.

The experiment, which was set up as a simple demonstration, has been left in a display cabinet at the university, where it is subject to the changing seasons and varying temperatures. These fluctuations impact the rate at which the pitch flows, making the drops even rarer. Over the years, the

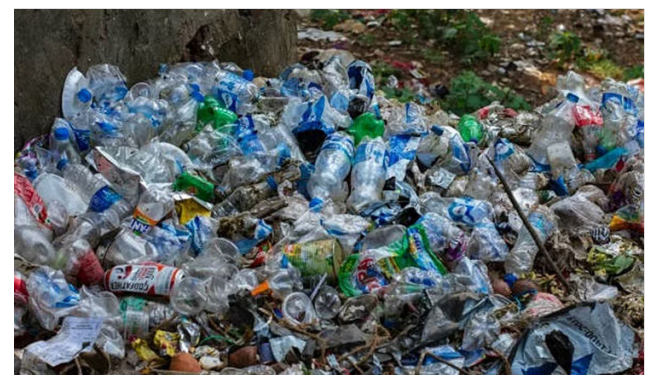
experiment has become a source of fascination for both scientists and the public, particularly since no one has ever been present to witness the fall of a drop due to the unpredictable timing.

Professor John Mainstone took over as the custodian of the experiment in 1961, overseeing it for more than five decades until his death in 2013. Despite the slow pace, the experiment's findings have proven significant. Pitch, though brittle and solid-looking at room temperature, flows with a viscosity 100 billion times greater than that of water. Remarkably, there is still enough pitch in the funnel to keep the experiment running for another 100 years.

In 2005, Parnell (posthumously) and Mainstone received the Ig Nobel Prize, a satirical award that celebrates odd yet thought-provoking scientific research, for their work with the Pitch Drop Experiment.

Plastic waste could double by 2050, researchers find

A new study has raised alarm over the growing plastic waste crisis, predicting that global plastic waste could double by 2050 unless urgent action is taken. However, the research also highlights that effective policies, including increasing the use of recycled plastics and investing in improved waste management systems, could significantly reduce plastic waste by more than 90% and cut related emissions by a third.



The study, conducted by a team of researchers, warns that without substantial changes, plastic waste could increase from 460 million tonnes today to more than 1 billion tonnes by mid-century. This dramatic rise is driven by the continued use of single-use plastics and insufficient recycling efforts worldwide. The researchers emphasized that plastic pollution is not only a waste issue but also a major environmental concern, contributing to ocean pollution, landfills, and harmful emissions.

To address the issue, the study suggests several key measures. One of the most impactful solutions would be to substantially increase the use of recycled plastics. By using more recycled materials in manufacturing, the demand for virgin plastics would decrease, leading to less waste. Another crucial strategy is improving global waste management infrastructure, particularly in developing countries where many plastics

end up in landfills or oceans due to inadequate disposal systems.

In addition, the study advocates for policies to reduce plastic consumption, such as bans on single-use plastics and incentives for companies to adopt circular economy practices, where products are designed for reuse and recycling. Governments, businesses, and consumers would need to work together to implement these strategies, with the potential to drastically reduce both plastic waste and the carbon footprint associated with plastic production.

By adopting these measures, the study concludes that the world could not only curb plastic waste but also significantly mitigate the environmental damage caused by plastic production and disposal. The researchers stressed that immediate and coordinated action is necessary to prevent the crisis from worsening over the next few decades.

Why do people over-eat? Study claims to have found the reason

A new study suggests that eating at irregular times, particularly due to working odd hours or night shifts, can disrupt the body's natural circadian rhythm, leading to weight gain and an increased risk of diabetes. The research highlights the role of the liver in this process, revealing that it sends signals to the brain that help regulate eating patterns. When these signals are disrupted, such as by eating at non-ideal times, it can interfere with the body's internal clock, contributing to metabolic issues.

Circadian rhythm, the body's 24-hour cycle that controls physical, mental, and behavioral changes, plays a critical role in managing sleep, eating, and other essential processes. Research has long shown that eating at irregular hours, particularly late-night snacking or consuming meals outside typical daylight hours, can cause the body to fall out of sync with this rhythm. The new study, however, delves deeper into the biological mechanisms behind this disruption.



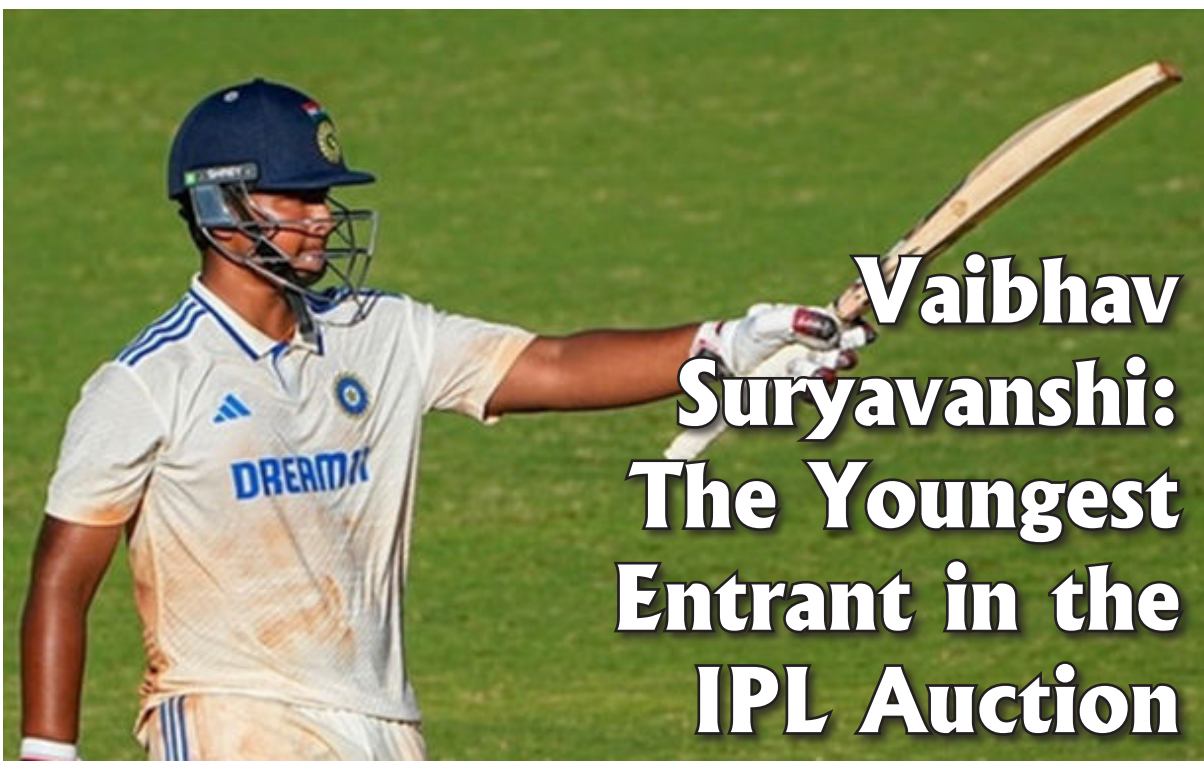
Researchers found that the liver plays a key role in communicat-

ing with the brain about whether eating is in sync with the body's internal clock. When individuals eat at unusual times—such as

during night shifts or when working late hours—the liver's signals to the brain are thrown off balance. This misalignment can lead to overeating, as well as a number of health problems, including weight gain and an increased risk of developing diabetes.

The study's findings point to the potential for addressing the negative effects of irregular eating times through targeted treatments aimed at restoring balance to the liver-brain signals. By improving meal timing and aligning eating habits with the body's natural circadian rhythms, the researchers suggest it may be possible to reduce the harmful effects of late-night eating and shift work on metabolic health.

As the study underscores, maintaining a regular eating schedule that aligns with the body's natural clock could play a key role in preventing weight gain and managing diabetes risk, making this an important area for further research and potential intervention.



Vaibhav Suryavanshi: The Youngest Entrant in the IPL Auction

Thirteen-year-old Vaibhav Suryavanshi from Bihar has made headlines by registering his name in the Indian Premier League (IPL) mega auction, becoming the youngest participant in its history. While seasoned players anxiously await their fate in the auction, Vaibhav's bold move to enter the fray with a base price of ₹30 lakhs has sparked widespread attention.

If any franchise picks the 13-year-old, it will undoubtedly be a historic moment. Almost 35 years ago, Sachin Tendulkar entered international cricket at the age of 16, leaving a mark as a teenage prodigy. Should Vaibhav secure a franchise, it would set a new record in cricket history and reignite the conversation about young talent in the sport.

Born in 2011 in Tajpur village, Bihar, Vaibhav's passion for cricket was evident from an early age. Recognizing his son's interest when he

picked up a bat at the age of four, his father, Sanjeev Suryavanshi, built a dedicated practice ground for him. At eight, Vaibhav joined a cricket academy in Samastipur, and two years later, he made it to the Under-16 team. Remarkably, Vaibhav was only ten years old at the time.

A left-handed batsman, Vaibhav excels in both batting and bowling. Known for his aggressive playing style, he debuted in first-class cricket this year, playing five matches as an opener. His ability to hit boundaries while taking advantage of the fielding set-up is already earning him recognition as a versatile player.

Vaibhav's entry into the IPL auction is not just a testament to his talent but also a bold step that could change the narrative around young players in cricket. Whether or not he secures a spot with a franchise, his journey is already inspiring a new generation of cricketers.

Star Pacer Mohammad Shami to Leave for Australia with Captain Rohit Sharma

India's star pacer Mohammad Shami, known for his ability to trouble opposing teams, is set to make a sensational comeback to Team India. Shami, who has been away from cricket for almost a year due to an ankle injury, recently impressed with his performance in the Ranji Trophy. Representing Bengal against Madhya Pradesh, he played a key role in securing an 11-run victory. In the match, Shami bowled 43.2 overs, taking seven wickets, and also contributed with the bat by scoring 36 runs. His stellar performance has bolstered hopes of his return to the Indian Test team.

According to sources, plans are underway to include Shami in the squad for the Border-Gavaskar Trophy. The report suggests that Shami will travel to Australia alongside captain Rohit Sharma and may join the team before the first



match. However, it is speculated that he will officially be included in the final squad only after the first match in Perth.

Meanwhile, Shami's brilliant performance in the Ranji Trophy helped Bengal secure a memorable win over Madhya Pradesh. This victory was especially significant as Madhya Pradesh had been dominating Bengal for the last 15 years. Chasing a target of 338 runs, Madhya Pradesh

was bowled out for 326, with Shami's wickets providing crucial breakthroughs. His presence on the field acted as a morale booster for the Bengal players.

Shami's return to Team India could strengthen the squad for the Border-Gavaskar Trophy, as fans eagerly await his comeback.

Tilak Varma Breaks Virat Kohli's Record in T20 Series



Telugu cricketer Tilak Varma has etched his name in the record books with a stellar performance in the recent T20 series against South Africa. Playing four matches, Tilak scored an impressive 280 runs at a strike rate exceeding 198, including two centuries. With this performance, he surpassed Indian cricket legend Virat Kohli's record for the most runs by an Indian batsman in a bilateral T20I series.

Virat Kohli previously held the record with 231 runs scored during a five-match series against England. Kohli's average was 115.50, and his strike rate stood at 147.13, including three half-centuries with a highest score of 80 not out. Tilak, however, surpassed this

feat by scoring 49 more runs in just four matches, creating history in the process.

Tilak's brilliance shone particularly bright during the fourth T20 match held in Johannesburg. He smashed 120 runs off just 47 balls, hitting 9 fours and 10 sixes at an astounding strike rate of 255.32. His explosive innings played a pivotal role in India's victory, earning him both the 'Player of the Match' and 'Player of the Series' awards.

Tilak Varma's incredible form in the series, including back-to-back centuries, has established him as a rising star in Indian cricket and a player to watch in future international fixtures.

Jake Paul Defeats 58-Year-Old Boxing Legend Mike Tyson in Texas

Jake Paul secured a unanimous decision victory over 58-year-old boxing legend Mike Tyson in a highly anticipated fight that failed to live up to the hype. The match, held at the AT&T Stadium, home of the NFL's Dallas Cowboys, marked Tyson's return to sanctioned professional boxing after nearly two decades.

The crowd, eager for an action-packed showdown, was left disappointed as the fight didn't deliver the intensity many had hoped for. Despite the underwhelming exchanges, Paul managed to dominate on the judges' scorecards, with one scoring it 80-72 and the other two at 79-73 in favor of the 27-year-old YouTuber-turned-boxer.

Tyson showed flashes of his former self, landing a few quick punches immediately after the opening bell. However, he spent much of the fight on the defensive, waiting for Paul to make his moves. Paul,



while more aggressive, struggled with efficiency, throwing several wild swings and missing the mark frequently.

The match featured fewer and shorter rounds, as well as heavier gloves designed

to reduce the impact of punches, but these adjustments couldn't inject the excitement fans were hoping for. Boos echoed through the stadium, reflecting the audience's dissatisfaction with the lackluster performance from both fighters.

This was Tyson's first sanctioned professional bout since 2005, following a more entertaining exhibition fight against Roy Jones Jr. in 2020. The fight, initially scheduled for July, had been postponed after Tyson was treated for a stomach ulcer.

While the bout lacked the energy of Tyson's glory days, Paul's victory adds to his growing record in the boxing world, a journey he began just over four years ago. However, the fight's legitimacy and the spectacle's underwhelming nature have left fans questioning whether such matchups truly honor the sport's legacy.

Netherlands Dominates Hungary 4-0 to Reach Nations League Quarters

The Netherlands secured their spot in the UEFA Nations League quarter-finals with a dominant 4-0 victory over Hungary on Saturday, in a winner-takes-all clash at the Johan Cruyff Arena. Both teams were tied on five points going into the match, and the winner was set to join Germany in progressing from Group A3.

The Oranje took control early, with Wout Weghorst converting a penalty in the first half after a handball by Hungary's Tamas Nikitscher. Cody Gakpo doubled the lead just before halftime with another spot-kick, sending Hungary's goalkeeper Denes Dibusz the wrong way.

The match was briefly interrupted in the seventh minute due to a medical emergency involving Hungary's assistant coach Adam Szalai. The 36-year-old coach was treated on the bench and later stretchered off, with the Hungarian Football Association later confirming he was



in stable condition at a hospital. Dutch players and fans applauded Szalai's exit, emphasizing the importance of his health over the match.

Despite the pause, the Netherlands picked up where they left off. Right-back Denzel Dumfries made it 3-0 in the 61st minute, volleying in a cross from Donyell Malen. Teun Koopmeiners added a fourth in the 86th minute, marking his first interna-

tional goal since 2022 to seal the victory for the Dutch.

Meanwhile, in an astonishing display, Germany crushed Bosnia and Herzegovina 7-0, the largest margin of victory in Nations League history. Jamal Musiala opened the scoring just two minutes in with a header, followed by Tim Kleindienst's first-ever international goal in the 23rd minute. Kai Havertz made it 3-0 before halftime, and Florian Wirtz scored twice in the second half, including a stunning free-kick. Substitute Leroy Sane and Kleindienst completed the rout, with Germany now five points ahead of the Netherlands in the group standings.

In other Group B matches, Georgia drew 1-1 with Ukraine, maintaining a two-point lead at the top of the group, while the Czech Republic remained in first place after a 0-0 draw with Albania. Turkey stayed top of Group B4 after a 0-0 draw with Wales, despite a missed penalty by Kerem Akturkoglu.



Pushpa 2: The Rule Trailer Ignites Frenzy

The much-awaited Pushpa 2: The Rule, starring Allu Arjun, has taken the anticipation to an all-time high. With the release date drawing closer, the makers launched their promotional campaign with a grand event in Patna, Bihar, where Allu Arjun unveiled the film's trailer amidst an electrified crowd of fans.

So, does the trailer live up to its

colossal expectations? Absolutely! The new chapter promises a bigger, bolder, and more intense experience compared to its predecessor. From breathtaking visuals to gripping action sequences, Pushpa 2: The Rule sets a new benchmark. Allu Arjun's commanding screen presence and punch-packed dialogues are bound to send fans into a frenzy. Sukumar's brilliant direction, coupled with Devi Sri

Prasad's pulsating background score, creates a perfect storm of excitement and drama.

Releasing in theatres on December 5, with overseas premieres slated for December 4, Pushpa 2 is poised to deliver a box-office juggernaut. Judging by the trailer's thunderous reception, it's clear that this wild ride is set to shatter records and redefine cinematic scale.



What is the Fight Between Nayanthara and Dhanush?

What's the ₹10 Crore Notice About?



The clash between popular actress Nayanthara and actor-producer Dhanush has become a sensational topic in the film industry. Nayanthara recently released a three-page open letter to the media, criticizing Dhanush, while several actresses have come forward to support her. However, Dhanush has remained silent on the matter, with no official statement or response. What caused the disagreement between these two stars, and why did Dhanush issue a ₹10 crore notice to Nayanthara?

Nayanthara is currently working on a documentary about her life titled *Nayanthara - Beyond the Fairy Tale*. This documentary covers her journey in the industry, her love story, and her marriage to Vignesh Shivan. As part of the documentary, she used a short clip from the movie *Nanum Rowdy Dhan*, which played a pivotal role in their introduction and eventual romance. The movie, directed by Vignesh Shivan, starred Nayanthara as the heroine and was produced by Dhanush.

Nayanthara reportedly made

several attempts to seek Dhanush's permission to use a brief scene from the film. Despite her repeated efforts, Dhanush did not respond. Recently, after the trailer of her documentary was released, Dhanush sent her a legal notice demanding ₹10 crore for using the footage without approval. This move has infuriated Nayanthara.

The Controversial 3-Second Clip

Nanum Rowdy Dhan, released in 2015, was a sensational success. It not only brought fame to Vignesh Shivan and Nayanthara but also marked the beginning of their relationship. Nayanthara was keen to feature this significant moment in her life in the documentary and included a 3-second clip from the movie after not receiving any response from Dhanush. The lack of permission and the subsequent legal notice have now escalated into a full-blown controversy.

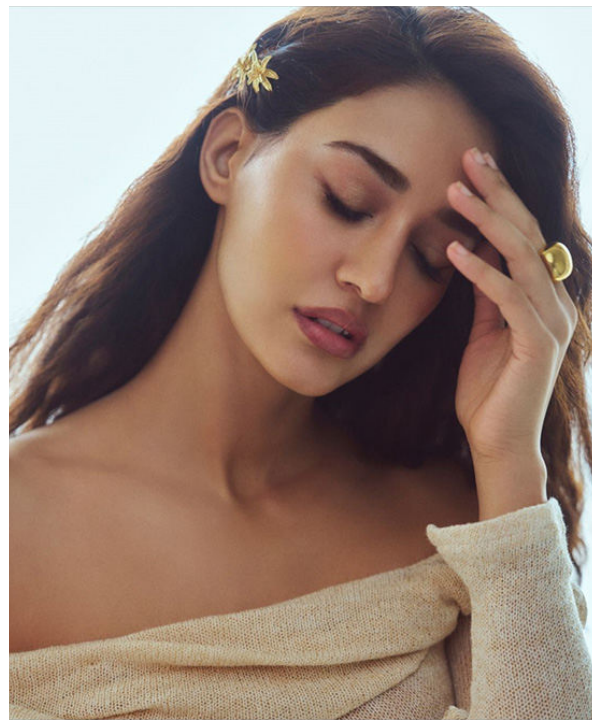
This clash between the two stars has left the industry buzzing with opinions, as fans and celebrities alike await further developments.

Disha Patani's Glamorous Roles: Short Shelf Life in Big-Budget Films?

The film industry often sees actresses rise and fade, with only a few managing to break stereotypes and sustain long-term careers. Stars like Nayanthara, Samantha, and Anushka have defied the norm by taking up strong, performance-oriented roles that showcase their talent. However, many actresses fail to step beyond glamorous appearances, leaving audiences uninterested after a few films.

Disha Patani, a notable name in recent big-budget ventures like *Kalki 2898 AD* and *Kanguva*, seems to be walking this risky path. In *Kalki*, her role is limited to introducing Prabhas to the narrative, followed by a brief three-minute romantic song. Post this, her character disappears entirely from the film. Similarly, in *Kanguva*, Disha appears in a glamorous sequence, performs a song, and then fades into the background with no significant contribution to the story.

Both films portray her as the love interest of a bounty hunter, but the lack of depth in her characters makes them forgettable. A pirated clip from *Kanguva*, showcasing Disha in a bikini, recently went viral on social media, adding to the perception that her casting leans heavily on visual appeal



rather than substance. Despite her limited screen time and character arcs, Disha reportedly earned ₹6 crores for *Kalki* and ₹8 crores for *Kanguva*.

While these figures are impressive, concerns about her career longevity persist. Critics suggest that Disha's reliance on glamorous roles could lead to a shorter career span, as audiences are unlikely to view her as a serious lead actress. Filmmakers, aware of the social media buzz her appearance generates, often cast her for brief, visually appealing moments rather than meaningful roles.

For Disha to secure her place in the industry, she needs to pivot towards roles with more depth and substance. Otherwise, she risks being typecast and losing relevance in an industry that demands versatility and talent over time.

The Countdown Begins for Ram Charan's "Game Changer" and His Next Big Project

The much-awaited time has arrived for Ram Charan fans as the star gears up for aggressive promotions of his upcoming film *Game Changer*. Recently, he attended the teaser release event in Lucknow, marking the beginning of the film's promotional campaign. With the film set to hit the screens on January 10, the makers have planned extensive promotion tours across various cities.

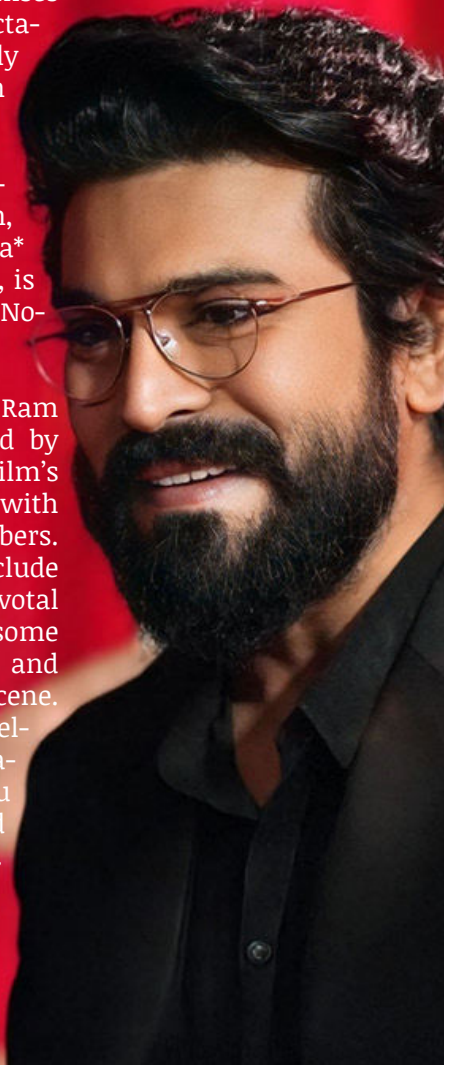
Directed by the renowned filmmaker Shankar and produced by Dil Raju, *Game Changer* promises to be a cinematic spectacle. While fans eagerly await its release, Ram Charan is also preparing for his next big project. The shooting of his latest film, directed by *Uppena* fame Buchibabu Sana, is set to commence on November 22 in Mysore.

In this first schedule, Ram Charan will be joined by Janhvi Kapoor, the film's leading lady, along with other key cast members. The schedule will include the filming of pivotal scenes, including some dialogue sequences and an intense action scene. The film boasts a stellar crew, with cinematography by Ratnavelu and music composed by the legendary A.R. Rahman.

Produced by Kilaru Satish under the Vridhhi Cinemas banner, this film is expected

to showcase Ram Charan in a never-seen-before role. According to insiders, Buchibabu Sana has designed a unique and powerful character for Charan, ensuring an exciting cinematic experience for fans. Set against the backdrop of sports, the film is anticipated to be a massive entertainer, combining action, drama, and emotion.

As Ram Charan juggles two highly-anticipated projects, fans are in for an exhilarating treat in the coming months!



Hombale Films Announces Mythological Epic 'Mahaavatar: Narasimha'

Hombale Films, the production powerhouse behind pan-India hits like *KGF*, *KGF 2*, *Kantara*, and *Salaar*, is gearing up to launch another ambitious project. Known for its ability to create cinematic blockbusters, Hombale Films has now ventured into the mythological genre with an exciting new film titled ***Mahaavatar: Narasimha***.

Directed by Ashwin Kumar, this movie delves into the rich world of mythology, focusing on the powerful and revered figure of Narasimha, one of Lord Vishnu's fiercest avatars. The first look of the film, unveiled recently, has already caused a stir, particularly the portrayal of Ugra Narasimha, a form known for its terrifying intensity. The powerful imagery has captivated audiences, leaving them eagerly anticipating more details.

The movie, which is set to be a grand-scale production, will be released in multiple languages, including Kannada, Telugu, Tamil, Malayalam, and Hindi, aiming for a wide pan-India reach. The makers have promised that more information regarding the cast will be revealed soon, keeping



fans and industry insiders on edge.

The film will be produced by Shilpa Dhawan, Kushal Desaru, and Chaitanya Desaru, further adding credibility to the project, considering their track record with previous Hombale successes. *Mahaavatar: Narasimha* is expected to showcase high production values, striking visuals, and an immersive narrative that blends mythology with modern filmmaking techniques. The music for the film will be composed by Sam CS, known for his work in films like *Vikram* and *Kaithi*, ensuring that the film's soundtrack will complement its intense themes.

With Hombale Films continuing to expand its horizons, *Mahaavatar: Narasimha* promises to be yet another bold and innovative venture in their impressive lineup. Fans of epic, larger-than-life stories can expect a cinematic experience that is both visually stunning and culturally rich. Stay tuned for more updates as this mythological journey unfolds.

Kantara Chapter 1 locks its release date

Rishab Shetty is all set to captivate audiences once again with *Kantara: Chapter 2*, the much-anticipated sequel to his massive hit, *Kantara: The Legend*. The blockbuster's success has created a wave of excitement, and now fans have a concrete date to look forward to: *Kantara 2* will officially hit theatres on **October 2, 2025**.

This sequel is expected to continue the thrilling and immersive experience of its predecessor, with Shetty at the helm once again, not just as the lead actor but also as the director. The original film, known for its gripping storyline, stunning visuals, and cultural richness, became a sensation, particularly in South India, and *Kantara 2* is poised to build on that legacy.

The makers have also confirmed that *Kantara 2* will be released in multiple languages, including Hindi, Tamil, Telugu, Kannada, and English, broadening its appeal and ensuring it reaches a wider audience across India and in-



ternationally. With the film set for release during a relatively quiet period at the box office, with no major films releasing in the same week, it stands a strong chance of securing a solo release and dominating the cinema screens.

Fans are eagerly awaiting Shetty's next cinematic venture, particularly after the first *Kantara* left a lasting impact with its unique blend of folklore, drama, and action. The sequel promises to take the story to new heights, diving deeper into the folklore-driven narrative and building on the mysterious and intense atmosphere that made the first film a massive hit.

As the countdown to October 2025 begins, expectations are soaring, and the movie industry is abuzz with anticipation for the return of *Kantara*. With the stage set for another epic adventure, *Kantara 2* is likely to be one of the most talked-about releases of the year.